



# YOGA IMMERSION

## DINNER

### Quail Roulade

Apple Butter | 5-Spice Carrots | Pancetta and Fig Agrodolce | Sage Oil

Vegan Option: Roasted Vegan Sausage | Vegan Apple Butter | 5-Spice Carrots | Fig Agrodolce | Sage Oil

### Pear Chestnut Mousse

Pomegranate Jam | Lemon Meringue Crisps | Pomegranate Molasses | Nutmeg Maple Caviar

Vegan Option: Chef's Choice

## BREAKFAST

### Scrambled Eggs | Fresh Fruit

### Avocado Toast Bar

Brioche | Tomato | Cucumber | Marinated Green Chickpeas

Pickled Red Onion | Arugula | Smoked Salmon

## LUNCH

### Salad Bar

Chopped Romaine | Mixed Greens | Tomatoes | Cucumbers | Shredded Carrots | Beets

Goat Cheese | Cheddar Cheese | Bacon Bits | Boiled Eggs

Sunflower Seeds | Pepitas | Strawberry Vinaigrette | Ranch