

Risks

I recognize that I remain solely responsible for my (and my child's) safety at all times while associated with Whitewater properties and Activities. Whitewater does not provide medical services or rescues. Whitewater's Activities, events and facilities are not a controlled environment. The Activities in which I (or my child) may engage are extremely dangerous and Whitewater attempts to maintain authentic sport experiences which results in risks normally associated with those experiences. The following is a partial list of the risks associated with the Activities at Whitewater's properties, and facilities. This list does not include all risks but provides examples and promotes an understanding of the risks.

All of the Activities associated with Whitewater expose guests to risk of:

- Death
- Head trauma, facial and oral injuries
- Fractures, dislocations, sprains, strains, burns, breaks, chips and various soft tissue injuries
- Contusions, lacerations, abrasions, and various forms of blunt force trauma
- Complications, illnesses and injuries associated with exposure to weather, the natural environment and physical exertion
- Impacts with other individuals or participants and/or their equipment
- Perils and hazards arising from other guests and staff including potential misjudgment by staff, general public or guests
- Perils and hazards arising from natural features, plants, animals/wildlife, insects, organisms, wet surfaces, tripping and/or falling hazards, and other types of contact with man-made and natural features.
- Perils and hazards arising from equipment failure or malfunction as well as the use or transfer of equipment
- Remote and challenging locations that can delay the delivery of emergency medical services
- Loss of personal property
- All hazards associated with motor vehicles

All paddle sports activities occur in natural bodies of water that are not regulated as pools and expose guests to the risk of:

- Drowning or other complications and dangers associated with immersion in water
- Falling into water and/or swimming in turbulent water
- Becoming pinned or entrapped by items or obstacles in/on the water
- Colliding with rocks, boats, and other items in the water as well as other people or elements in or associated with the water
- Falling while entering or exiting any boats
- Encounters with other boats, both motorized and non-motorized
- Water-borne pathogens, organisms, and other contaminants that can infect or cause harm including illness, injury and death

Biking, Climbing, Zipping, Running, Camping and all other Activities more specifically expose guests to risk of:

- Falls from heights and obstacles
- Trauma resulting from high speeds and sudden stops
- Injury, death and trauma resulting from association with public roads, trails and remote and rural areas
- Trauma resulting from being fully supported in a harness for an extended period
- Colliding with rocks, trees, ground, and other objects
- Slipping on wet surfaces and tripping over obstacles and uneven surfaces
- Situations where guests will be involved in providing safety support for each other
- Opportunities to become lost and exposure to weather related risks such as lightning, wet, cold, and heat as well as hypothermia

Whitewater Rules and Regulations

- Observe all posted signs and warnings as well as obey all instructions provided by the Whitewater staff and public safety authorities
- Remain away from the edges of the bodies of water and any moving water and do not enter any bodies of water at any time unless paddling or climbing or otherwise engaged in Whitewater Activities.
- All bikers must wear helmets at all times and all persons in boats must wear PFDs at all times.
- All guests must wear appropriate safety equipment and use all equipment as directed by Whitewater and the equipment manufacturers
- We strongly recommend that all persons engaging in any activity on or around the water should be able to swim
- No personal items that can be lost should be brought along while engaging in any of the activities or events. Whitewater is not and can not be responsible for any guest's personal property
- Inform staff of any physical limitation or any safety concern you may have but remember that Whitewater cannot determine if you can safely participate. Persons that have physical limitations, are suffering any illness, or are pregnant should not engage in the Activities unless they have consulted their physicians
- Always remain in control
- Do not engage any element or aspect of the Activities without the permission of Whitewater
- Do not become under the influence of alcohol or drugs prior to participating in or during any activity
- Children must be supervised by a parent or guardian at all times

¹ Activities are defined as anything 1) associated with, 2) directed by, 3) offered by and/or 4) occurring at or near Whitewater facilities, including, without limitation, whitewater and flatwater paddling, climbing, biking, running, hiking, swimming, camping, skating, and utilizing harnessed or unharnessed activities including zip lines, obstacles, jumps, ropes courses, and other facilitated or non-facilitated challenge course activities as well as the travel associated with the engagement with these activities. By way of further example, Activities also include usage of trails, pathways, parking lots, and roads while participating, supporting, spectating or observing any events or activities as defined herein. Activities also includes the usage of stairs, buildings, tents, and all other facilities and the grounds at or near Whitewater facilities. Activities also specifically includes working or volunteering or assisting with, spectating, and participation in races, competitions, special events, festivals and any other event based programming associated with Whitewater.

² Whitewater means U.S. National Whitewater Center, Inc., Whitewater Holdings, LLC, Whitewater Middleburg LLC, Whitewater Pisgah LLC, Whitewater Grayson LLC their directors, officers, employees, agents, and lessors.