

Sprint Female 15 - 20 Results

Place Name	Age State	Swim		Transition to Bike		Bike		Transition to Run		Run		Chip Time			
		Time (Cumulative)	Pace (Cumulative)	Time (Cumulative)	Pace (Cumulative)	Time (Cumulative)	Pace (Cumulative)	Time (Cumulative)	Pace (Cumulative)	Time (Cumulative)	Pace (Cumulative)				
1	Cassandra Shortman	18	NC	21:55:97	1:28:15	23:26:12	1:34:17	01:30:15	1:40:36:73	13:03	1:17:10:61	10:21	2:00:49:35	12:38	2:00:49:35

Sprint Female 21 - 30 Results

Place Name	Age State	Swim		Transition to Bike		Bike		Transition to Run		Run		Chip Time							
		Time (Cumulative)	Pace (Cumulative)	Time (Cumulative)	Pace (Cumulative)	Time (Cumulative)	Pace (Cumulative)	Time (Cumulative)	Pace (Cumulative)	Time (Cumulative)	Pace (Cumulative)								
1	Lindsay Young	29	NC	14:29:91	58:20	14:29:91	58:20	15:48:81	1:03:37	01:18:90	8:02	1:01:53:78	8:09	00:52:06	1:32:41:74	9:41	29:55:90	16:03	1:32:41:74
2	Ashley Panowicz	30	NC	13:40:76	55:02	13:40:76	55:02	17:07:95	1:08:56	03:27:18	8:49	1:07:54:20	8:53	00:35:67	1:36:19:75	10:04	27:49:87	14:56	1:36:19:75
3	Jordan Parker	28	NC	16:02:04	1:04:31	16:02:04	1:04:31	19:23:72	1:18:02	03:21:68	10:04	1:17:35:53	10:21	02:05:46	1:40:09:11	10:28	20:28:11	10:59	1:40:09:11
4	Kennedy Briggs	23	NC	12:45:84	51:21	12:45:84	51:21	14:11:40	57:06	01:25:56	10:43	1:22:34:17	10:43	00:49:47	1:40:40:09	10:31	1:40:40:09	10:31	1:40:40:09
5	Elizabeth Roberts	27	NC	18:50:03	1:15:47	18:50:03	1:15:47	1:30:27:51	6:03:57	1:11:37:48	11:38	1:29:38:03	11:38	-00:49:47	1:53:32:15	11:52	1:53:32:15	11:52	1:53:32:15
6	Ashley Shortman	22	NC	21:51:61	1:27:57	21:51:61	1:27:57	23:25:05	1:34:13	01:33:43	13:04	1:40:38:35	13:04	00:40:39	2:00:49:78	12:38	19:31:03	10:28	2:00:49:78
7	Emily Claire	27	NC	18:14:33	1:13:23	18:14:33	1:13:23	19:54:57	1:20:06	01:40:23	11:58	1:32:15:67	11:58	01:08:72	2:00:51:73	12:38	27:27:33	14:44	2:00:51:73

Sprint Female 31 - 40 Results

Place Name	Age State	Swim		Transition to Bike		Bike		Transition to Run		Run		Chip Time							
		Time (Cumulative)	Pace (Cumulative)	Time (Cumulative)	Pace (Cumulative)	Time (Cumulative)	Pace (Cumulative)	Time (Cumulative)	Pace (Cumulative)	Time (Cumulative)	Pace (Cumulative)								
1	Kate Aschmann	39	NC	15:51:95	1:03:50	15:51:95	1:03:50	19:57:84	1:20:19	04:05:89	9:45	1:15:08:06	9:49	00:33:19	1:34:37:57	9:53	18:56:30	10:10	1:34:37:57
2	Anita Huller	40	NC	16:39:35	1:07:01	16:39:35	1:07:01	19:04:16	1:16:43	02:24:80	10:26	1:20:19:94	10:26	00:33:19	1:38:07:87	10:15	1:38:07:87	10:15	1:38:07:87
3	Becca Caldwell	33	NC	17:18:90	1:09:40	17:18:90	1:09:40	19:16:15	1:17:32	01:57:24	10:47	1:23:04:32	10:47	00:33:19	1:41:57:98	10:39	20:05:09	10:46	1:41:57:98
4	Bess Ross	37	NC	16:53:43	1:07:57	16:53:43	1:07:57	20:43:48	1:23:23	03:50:04	10:37	1:21:47:10	10:37	00:48:96	1:42:41:16	10:44	20:05:09	10:46	1:42:41:16
5	Ashley Ellwood	32	NC	20:37:31	1:22:58	20:37:31	1:22:58	23:23:62	1:34:07	02:46:30	11:29	1:28:30:64	11:29	01:20:05	1:53:33:77	11:52	23:43:07	12:43	1:53:33:77
6	Tia Smith	35	NC	22:02:16	1:28:40	22:02:16	1:28:40	24:39:11	1:39:11	02:36:94	12:38	1:37:17:56	12:38	03:13:26	2:08:42:15	13:27	28:11:32	15:07	2:08:42:15
7	Erin Barnobi	34	NC	17:55:38	1:12:07	17:55:38	1:12:07	22:49:38	1:31:50	04:54:00	14:13	1:49:28:69	14:13	00:57:17	2:10:35:03	13:39	20:09:16	10:49	2:10:35:03

Sprint Female 41 - 50 Results

Place Name	Age State	Swim			Transition to Bike			Bike			Transition to Run			Run								
		Time (Cumulative)	Pace	(Cumulative)	Time (Cumulative)	Pace	(Cumulative)	Time (Cumulative)	Pace	(Cumulative)	Time (Cumulative)	Pace	(Cumulative)	Time (Cumulative)	Pace	(Cumulative)						
1	Anne Bass	47	SC	16:02:84	1:04:34	16:02:84	1:04:34	18:55:86	1:16:10	02:53:02	1:25:14.10	1:10:04	1:06:18.23	8:54	1:26:18.49	11:12	01:04.39	1:46:33.36	11:08	20:14.87	10:52	1:46:33.36
2	Kelly Hawkins	43	SC	16:05:55	1:04:45	16:05:55	1:04:45	22:06:01	1:28:55	06:00:46	1:33:45.69	12:10	1:11:39.68	9:37	1:35:48.68	12:26	02:02.98	2:01:26.13	12:41	25:37.44	13:45	2:01:26.13

Sprint Male 1 - 14 Results

Place Name	Age State	Swim			Transition to Bike			Bike			Transition to Run			Run								
		Time (Cumulative)	Pace	(Cumulative)	Time (Cumulative)	Pace	(Cumulative)	Time (Cumulative)	Pace	(Cumulative)	Time (Cumulative)	Pace	(Cumulative)	Time (Cumulative)	Pace	(Cumulative)						
1	Uden Shakya	14	NC	12:34:14	50:34	12:34:14	50:34	15:37:11	1:02:50	03:02.96	1:17:04.63	10:00	1:01:27.52	8:15	1:18:44.70	10:13	01:40.06	1:35:04.71	9:56	16:20.01	8:46	1:35:04.71

Sprint Male 15 - 20 Results

Place Name	Age State	Swim			Transition to Bike			Bike			Transition to Run			Run								
		Time (Cumulative)	Pace	(Cumulative)	Time (Cumulative)	Pace	(Cumulative)	Time (Cumulative)	Pace	(Cumulative)	Time (Cumulative)	Pace	(Cumulative)	Time (Cumulative)	Pace	(Cumulative)						
1	Bryce Meek	15	NC	22:55:80	1:32:15	22:55:80	1:32:15	26:20:44	1:45:59	03:24.64	1:21:57.17	10:38	55:36.72	7:27	1:22:37.69	10:43	00:40.51	1:40:27.27	10:30	17:49.57	9:34	1:40:27.27

Sprint Male 21 - 30 Results

Place Name	Age State	Swim			Transition to Bike			Bike			Transition to Run			Run								
		Time (Cumulative)	Pace	(Cumulative)	Time (Cumulative)	Pace	(Cumulative)	Time (Cumulative)	Pace	(Cumulative)	Time (Cumulative)	Pace	(Cumulative)	Time (Cumulative)	Pace	(Cumulative)						
1	Seth Billmire	22	NC	15:57:74	1:04:13	15:57:74	1:04:13	1:10:51.30	4:45:05	54:53.55	1:09:01.10	8:57	-01:50.19	-0:15	1:05:03.28	8:27	00:27.93	1:28:51.86	9:17	128:51	9:17	1:28:51.86
2	Christiam Hernandez	25	SC	12:56:14	52:03	12:56:14	52:03	14:08:81	56:55	01:12.66	1:04:35.35	8:23	50:26.54	6:46	1:05:03.28	8:27	00:27.93	1:31:46.97	9:35	26:43.69	14:20	1:31:46.97
3	Jake Hagemann	22	NC	15:12:26	1:01:10	15:12:26	1:01:10	17:31:87	1:10:32	02:19.60	1:04:33.91	8:23	47:02.04	6:18	1:04:56.93	8:26	00:23.02	1:31:47.53	9:36	26:50.59	14:24	1:31:47.53
4	Eric Johnston	28	NC	17:51:30	1:11:50	17:51:30	1:11:50	20:20:98	1:21:52	02:29.68	1:14:53.73	9:43	54:32.74	7:19	1:21:53.39	10:38	01:41.31	1:34:37.21	9:53	16:16.38	8:44	1:34:37.21
5	Blake Slattery	29	NC	17:12:06	1:09:12	17:12:06	1:09:12	21:02:43	1:24:39	03:50.37	1:20:12.07	10:25	59:09.63	7:56	1:21:24.23	10:34	00:24.02	1:39:39.33	10:25	18:15.10	9:47	1:39:39.33
6	Brendan Cohen	23	NC	19:50:07	1:19:48	19:50:07	1:19:48	21:22:39	1:26:00	01:32.32	1:21:00.21	10:31	59:37.81	8:00	1:19:33.89	10:20	01:08.48	1:43:26.78	10:49	23:52.89	12:49	1:43:26.78
7	Ben Lucas	30	NC	18:58:22	1:16:19	18:58:22	1:16:19	20:09:38	1:21:06	01:11.15	1:18:25.40	10:11	58:16.02	7:49	1:24:15.04	10:56	00:53.61	1:44:54.73	10:58	20:39.68	11:05	1:44:54.73
8	Theodore Kubasti	29	OH	23:49:95	1:35:53	23:49:95	1:35:53	30:43:23	2:03:36	06:53.27	1:23:21.43	10:49	52:38.19	7:04	1:30:28.21	11:45	00:59.11	1:44:54.73	11:25	18:43.89	10:03	1:44:54.73
9	Harris Clarkson	27	NC	18:23:07	1:13:58	18:23:07	1:13:58	20:14:35	1:21:26	01:51.27	1:29:29.10	11:37	1:09:14.74	9:17	1:33:38.72	12:09	00:48.77	1:49:12.11	11:44	18:35.17	9:58	1:49:12.11
10	Luka Bratic	22	NC	20:14:91	1:21:28	20:14:91	1:21:28	23:37:20	1:35:02	03:22.28	1:32:49.95	12:03	1:09:12.75	9:17	1:30:26.92	11:44	02:22.26	1:53:34.70	11:52	23:07.77	12:24	1:53:34.70
11	Christopher Roberts	27	NC	27:11:22	1:49:23	27:11:22	1:49:23	30:51:77	2:04:10	03:40.55	1:28:04.65	11:26	57:12.87	7:40	1:30:26.92	11:44	02:22.26	2:01:51.75	12:44	47:28.50	25:28	2:01:51.75
12	Nick Schiavo	22	NC	25:51:09	1:44:01	25:51:09	1:44:01	1:44:57.56	7:02:17	1:19:06.47	1:43:50.05	13:29	-01:07.51	-0:09	1:00:22.63	8:06	1:25:26.37	2:12:54.88	13:53	47:28.50	25:28	2:12:54.88
13	junhui Feng	23	NC	21:41:41	1:27:16	21:41:41	1:27:16	24:33:15	1:38:47	02:51.74	1:24:55.78	11:01	1:00:22.63	8:06	1:25:26.37	11:05	00:30.58	2:12:54.88	13:53	47:28.50	25:28	2:12:54.88

Sprint Male 31 - 40 Results

Place	Name	Age	State	Swim			Transition to Bike			Bike			Transition to Run			Run			Chip Time		
				Time (Cumulative)	Pace	(Cumulative)	Time	Pace	(Cumulative)	Time	Pace	(Cumulative)	Time	Pace	(Cumulative)	Time	Pace	(Cumulative)		Time	Pace
1	Andrew Calvert	34	NC	15:57.66	1:04:13	15:57.66	1:04:13	1:11:16.63	4:46:46	55:18.97	1:09:58.79	9:05	-0:17:83	-0:10	1:29:03.32	9:18	1:29:03.32	20:53.27	11:12	1:31:11.11	129:03.3
2	Kyle Nelson	33	NC	15:57.06	1:04:11	15:57.06	1:04:11	17:52.46	1:11:55	01:55.40	1:09:29.74	9:01	51:37.28	6:55	1:10:17.91	9:32	1:31:11.19	00:48.16	9:07	00:48.16	1:31:11.19
3	Dru Miller	36	NC	15:02.27	1:00:30	15:02.27	1:00:30	17:34.82	1:10:44	02:32.54	1:02:26.46	8:06	44:51.64	6:01	1:03:12.73	9:35	1:31:45.00	00:46.27	8:12	00:46.27	1:31:45.00
4	Joe Ross	39	NC	15:38.16	1:02:55	15:38.16	1:02:55	18:33.57	1:14:40	02:55.41	1:06:16.05	8:36	47:42.47	6:24	1:58:55.56	9:35	1:31:46.64	52:39.51	15:26	52:39.51	1:31:46.64
5	Aaron Horton	40	NC	13:11.08	53:03	13:11.08	53:03	16:48.38	1:07:37	03:37.30	1:11:00.41	9:13	54:12.03	7:16	1:11:48.92	9:58	1:35:22.41	00:48.50	9:19	00:48.50	1:35:22.41
6	Carson Crosby	31	NC	20:59.88	1:24:29	20:59.88	1:24:29	25:03.16	1:40:48	04:03.28	1:17:46.78	10:06	52:43.62	7:04	1:18:37.44	10:23	1:39:26.16	00:50.65	10:12	00:50.65	1:39:26.16
7	Joel Martin	37	NC	18:54.48	1:16:04	18:54.48	1:16:04	22:59.52	1:32:30	04:05.03	1:16:41.88	9:57	53:42.35	7:12	1:18:27.96	10:11	1:40:14.21	01:46.08	10:11	01:46.08	1:40:14.21
8	Joel Weger	34	NC	21:09.18	1:25:06	21:09.18	1:25:06	22:30.87	1:30:35	01:21.69	1:23:44.53	10:52	1:01:13.66	8:13	1:24:45.69	11:00	1:43:59.62	01:01.15	11:00	01:01.15	1:43:59.62
9	Mark DeLuca	33	NC	21:06.20	1:24:54	21:06.20	1:24:54	22:32.44	1:30:41	01:26.23	1:23:46.54	10:52	1:01:14.10	8:13	1:24:46.67	11:00	1:44:34.08	01:00.12	11:00	01:00.12	1:44:34.08
10	Ali Chaudhary	34	NC	24:07.11	1:37:02	24:07.11	1:37:02	25:17.24	1:40:08	04:11.75	1:25:17.24	11:04	1:02:58.63	8:27	1:24:38.80	10:59	1:45:48.34	00:39.85	11:03	00:39.85	1:45:48.34
11	Daniel Hearn	35	NC	19:22.47	1:17:57	19:22.47	1:17:57	21:00.32	1:24:31	01:37.84	1:23:58.95	10:54	1:02:58.63	8:27	1:24:38.80	10:59	1:45:48.34	00:39.85	11:03	00:39.85	1:45:48.34
12	Daniel Rodriguez	39	NC	22:24.56	1:30:10	22:24.56	1:30:10	24:56.64	1:40:22	02:32.07	1:31:17.08	11:51	1:06:20.44	8:54	1:33:11.08	12:06	1:52:46.28	01:54.00	11:47	01:54.00	1:52:46.28
13	Pieter Grobbelaar	33	NC	19:14.26	1:17:24	19:14.26	1:17:24	20:41.58	1:23:15	01:27.32	1:33:01.05	12:04	1:12:19.46	9:42	1:38:07.65	12:44	1:56:16.23	11:49	11:49	1:56:16.23	1:56:16.23
14	orlando Dobbin Jr.	32	NC	22:43.87	1:31:27	22:43.87	1:31:27	32:23.14	2:10:18	09:39.26	1:36:44.60	12:33	1:04:21.46	8:38	1:38:07.65	12:44	1:56:39.65	12:11	12:11	1:56:39.65	1:56:39.65
15	George Banks	38	NC	15:13.56	1:01:16	15:13.56	1:01:16	16:37.68	1:06:54	01:24.12	1:05:28.03	8:30	48:50.34	6:33	1:05:50.86	8:33	2:01:28.24	00:22.83	12:42	00:22.83	2:01:28.24
16	Nicholas Smith	33	SC	20:38.40	1:23:03	20:38.40	1:23:03	24:50.14	1:39:55	04:11.73	1:45:23.09	13:41	1:20:32.94	10:48	1:45:59.72	13:45	2:07:07.31	00:36.63	13:17	00:36.63	2:07:07.31
17	Brandon Trigg	33	NC	20:41.48	1:23:15	20:41.48	1:23:15	24:53.23	1:40:08	04:11.75	1:43:53.40	13:29	1:19:00.16	10:36	1:45:59.55	13:45	2:07:08.22	02:06.14	13:17	02:06.14	2:07:08.22

Sprint Male 41 - 50 Results

Place	Name	Age	State	Swim			Transition to Bike			Bike			Transition to Run			Run			Chip Time		
				Time (Cumulative)	Pace	(Cumulative)	Time	Pace	(Cumulative)	Time	Pace	(Cumulative)	Time	Pace	(Cumulative)	Time	Pace	(Cumulative)		Time	Pace
1	Mike Bridges	43	NC	16:06.62	1:04:49	16:06.62	1:04:49	19:15.11	1:17:27	03:08.49	1:09:12.94	8:59	49:57.82	6:42	1:10:42.03	9:11	01:29.09	19:09.99	10:17	1:29:52.02	129:52.0
2	mark iswarienko	49	NC	12:55.36	52:00	12:55.36	52:00	15:33.90	1:02:37	02:38.54	1:09:07.43	8:58	53:33.52	7:11	1:10:20.34	9:08	01:12.91	19:40.52	10:33	1:30:00.87	130:00.8
3	Robert Barden	48	NC	16:34.95	1:06:43	16:34.95	1:06:43	19:33.77	1:18:43	02:58.81	1:10:04.50	9:06	50:30.72	6:46	1:11:29.31	9:17	01:24.81	19:38.08	10:32	1:31:07.39	131:07.3
4	Charles Davis	45	NC	16:13.39	1:05:16	16:13.39	1:05:16	1:07:18.08	4:30:47	51:04.69	1:05:50.38	8:33	-0:12:70	-0:12	2:18:34.15	17:59	1:12:43.77	-45:33.02	-24:26	1:33:01.13	133:01.1
5	Matthew Accord	41	NC	17:21.91	1:09:52	17:21.91	1:09:52	20:22.28	1:21:58	03:00.36	1:16:54.21	9:59	56:31.92	7:35	1:17:43.14	10:05	00:48.93	17:26.84	9:22	1:35:09.98	135:09.9
6	Williams Rosado	47	SC	17:26.23	1:10:09	17:26.23	1:10:09	18:47.62	1:15:37	01:21.39	1:05:25.81	8:30	46:38.19	6:15	1:06:33.85	8:38	01:08.03	30:32.87	16:23	1:37:06.72	137:06.7
7	Matt Schwartz	46	NC	18:01.19	1:12:30	18:01.19	1:12:30	20:18.72	1:21:43	02:17.53	1:17:52.63	10:06	57:33.91	7:43	1:18:54.39	10:14	01:01.75	18:54.75	10:09	1:37:49.14	137:49.1
8	Justin Brown	44	NC	19:34.16	1:18:44	19:34.16	1:18:44	23:10.93	1:33:16	03:36.76	1:20:44.32	10:29	57:33.39	7:43	1:22:28.27	10:42	01:43.94	18:54.75	10:09	1:37:49.14	137:49.1
9	Eric Hughes	50	NC	15:46.51	1:03:28	15:46.51	1:03:28	18:13.79	1:13:21	02:27.28	1:04:16.46	8:21	46:02.67	6:11	1:05:27.13	8:47	03:53.74	17:11.14	9:13	1:39:39.4	139:39.4
10	Joe Abeln	43	NC	16:46.61	1:07:30	16:46.61	1:07:30	18:10.07	1:13:06	01:23.46	1:00:24.74	7:50	42:14.67	5:40	1:00:59.87	7:55	00:35.12	54:21.75	29:10	1:55:21.62	155:21.6
11	Mike Scendi	41	NC	18:56.04	1:16:11	18:56.04	1:16:11	22:18.60	1:29:46	03:22.56	1:24:12.63	10:56	1:01:54.02	8:18	1:25:47.10	11:08	01:34.47	30:34.61	16:24	1:56:21.71	156:21.7
12	Mike Enzweiler	49	NC	21:17.24	1:25:39	21:17.24	1:25:39	25:38.35	1:43:09	04:21.11	1:29:05.67	11:34	1:03:27.32	8:31	1:35:56.88	12:27	03:53.74	21:57.48	11:47	1:57:54.37	157:54.3
13	Manish Shakya	50	NC	23:21.91	1:34:00	23:21.91	1:34:00	26:36.01	1:47:01	03:14.10	1:32:03.14	11:57	1:05:27.13	8:47	1:35:56.88	12:27	03:53.74	1:00:47.61	32:37	2:01:28.72	201:28.7
14	Jason Korn	46	NC	14:29.38	58:18	14:29.38	58:18	17:23.38	1:09:58	02:53.99	59:31.59	7:44	42:08.21	5:39	1:00:41.10	7:53	01:09.51	1:00:47.61	32:37	2:01:28.72	201:28.7
15	Lj Greene	48	NC	29:32.44	1:58:51	29:32.44	1:58:51	33:54.83	2:16:27	04:23.38	1:48:54.24	14:08	1:14:59.41	10:03	1:49:26.53	14:12	00:32.29	23:39.21	12:41	2:13:05.74	213:05.7
16	Jeffrey Cowan	50	NC	20:36.17	1:22:54	20:36.17	1:22:54	24:01.77	1:36:41	03:25.60	1:46:51.12	13:52	1:22:49.34	11:06	2:18:33.49	14:29	2:18:33.49				2:18:33.4

Sprint Male 51 - 60 Results

Place	Name	Age	State	Swim			Transition to Bike			Bike			Transition to Run			Run			Chip Time				
				Time (Cumulative)	Pace	(Cumulative)	Time (Cumulative)	Pace	(Cumulative)	Time (Cumulative)	Pace	(Cumulative)	Time (Cumulative)	Pace	(Cumulative)	Time (Cumulative)	Pace	(Cumulative)					
1	Tom Kunath	58	NC	16:16.00	1:05:27	16:16.00	1:05:27	18:12.53	1:13:16	01:56.52	1:01:34.81	8:00	43:22.28	5:49	1:02:44.74	8:09	01:09.93	1:29:20.77	9:20	26:36.03	14:16	1:29:20.77	
2	Eric Hendrix	52	NC	15:17.99	1:01:33	15:17.99	1:01:33	18:39.93	1:15:06	03:21.93	1:14:55.21	9:43	56:15.27	7:33					1:35:26.48	9:58			1:35:26.48