

Race Date
July 13, 2019

WhiteWater Triathlon
Age Group Results

Long

Female 25 to 29

Place			----WarmUp ----			---- T1 ----		---- Bike ----			---- T2 ----		---- Run ----			Total				
Place	Overall	Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time			
1	1	Maggie Lavender	1034	26	1	6:32.9	5:27	1	1:10.9		1	1:41:50.5	4:26	1	2:16.3		1	48:26.8	5:13	2:40:17.6

Female 35 to 39

Place			----WarmUp ----			---- T1 ----		---- Bike ----			---- T2 ----		---- Run ----			Total				
Place	Overall	Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time			
1	4	Jordan Jackson	1029	36	1	6:26.0	5:22	1	0:28.7		1	2:20:05.2	6:05	1	0:30.5		1	54:40.2	6:35	3:22:10.9

Female 40 to 44

Place			----WarmUp ----			---- T1 ----		---- Bike ----			---- T2 ----		---- Run ----			Total				
Place	Overall	Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time			
1	2	Christina Newport	1042	40	1	6:32.0	5:27	1	1:01.4		1	2:03:35.5	5:22	1	0:51.8		1	45:39.3	5:47	2:57:40.2

Female 45 to 49

Place			----WarmUp ----			---- T1 ----		---- Bike ----			---- T2 ----		---- Run ----			Total				
Place	Overall	Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time			
1	3	Spryng Briggs	1004	45	1	6:31.8	5:27	4	1:39.9		2	2:10:10.4	5:40	1	1:12.2		1	46:21.4	6:03	3:05:55.9
2	5	karen quigley	1052	49	3	7:24.3	6:10	2	1:02.7		3	2:24:12.2	6:16	3	2:01.4		2	1:03:39.5	7:07	3:38:20.3
DQ	DQ	Heidi Reynolds	1053	48	4	7:55.5	6:36	1	0:56.2		4	2:57:27.0	7:43	2	1:50.6		DQ	30:43.5	7:08	3:38:53.0

*Overall place within gender

Race Date
July 13, 2019

WhiteWater Triathlon

Age Group Results

Long

Male 15 to 19

Place			----WarmUp ----			---- T1 ----			---- Bike ----			---- T2 ----			---- Run ----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	3	Hunter Root	1056	19	4	5:32.0	4:37	3	0:54.4		2	1:32:43.1	4:02	2	1:06.8		2	38:52.4	4:32	2:19:09.0
2	27	Patrick Rice	1054	16	1	4:30.7	3:46	1	0:22.8		3	2:14:53.2	5:52	1	1:03.6		1	36:35.2	5:47	2:57:25.8
3	40	Davis Murphy	1041	19	3	4:55.6	4:06	2	0:46.0		4	2:28:20.0	6:27	3	1:57.2		3	44:42.4	6:32	3:20:41.4

Male 20 to 24

Place			----WarmUp ----			---- T1 ----			---- Bike ----			---- T2 ----			---- Run ----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	44	Matt Fletcher	1016	20	1	5:22.6	4:29	2	1:00.3		1	2:23:46.0	6:15	1	3:07.8		2	55:32.5	6:48	3:28:49.4
2	46	John Kowal	1031	24	2	5:38.1	4:42	1	0:36.4					2	2:59:54.4	7:49	1	46:01.3	7:34	3:52:10.2

Male 25 to 29

Place			----WarmUp ----			---- T1 ----			---- Bike ----			---- T2 ----			---- Run ----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	5	Niko Fraser	1019	28	3	5:20.2	4:27	3	0:47.7		1	1:35:20.0	4:09	2	1:01.8		2	38:32.9	4:36	2:21:02.6
2	16	Blake Guzewicz	1023	27	2	5:05.1	4:14	4	0:48.4		2	1:43:54.3	4:31	3	1:56.2		4	47:26.3	5:11	2:39:10.4
3	24	Corey Crowder	1068	27	4	5:25.1	4:31	1	0:23.7		5	2:11:25.7	5:43	1	0:43.7		1	36:22.0	5:41	2:54:20.4
4	29	christopher campbell	1007	28	5	6:23.3	5:19	5	0:59.8		4	2:10:45.7	5:41	5	2:21.8		3	41:55.3	5:57	3:02:26.0
5	41	Matthew Gillespie	1021	25	1	5:02.6	4:12	2	0:35.6		3	2:07:12.2	5:32	4	2:20.1		5	1:10:12.8	6:41	3:25:23.5

*Overall place within gender

Race Date
July 13, 2019

WhiteWater Triathlon

Age Group Results

Long

Male 30 to 34

Place			----WarmUp ----					---- T1 ----		---- Bike ----			---- T2 ----		---- Run ----			Total		
Place	Overall	Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	9	Jacob Watkins	1065	32	5	5:21.5	4:28	11	1:12.2		2	1:39:34.0	4:20	2	0:57.4		1	39:45.6	4:47	2:26:51.1
2	11	Daniel Pering	1049	30	7	5:27.1	4:33	4	0:43.9		4	1:42:48.1	4:28	6	1:13.1		3	42:02.7	4:58	2:32:15.1
3	12	Ross Hartney	1026	32	8	5:28.6	4:34	7	0:56.0		5	1:45:34.5	4:35	1	0:40.5		2	40:48.7	5:00	2:33:28.3
4	13	Alex Lange	1033	34	2	5:00.7	4:11	2	0:34.6		3	1:40:25.5	4:22	9	2:01.6		6	49:07.5	5:07	2:37:10.0
5	17	Ryan Treadway	1064	34	3	5:11.1	4:19	8	0:58.3		7	1:52:48.3	4:54	3	0:59.3		4	42:39.0	5:18	2:42:36.2
6	18	scott robertson	1055	33	1	4:43.9	3:57	12	1:18.1		9	1:58:12.0	5:08	7	1:34.4		5	43:43.2	5:31	2:49:31.9
7	21	Christopher Willetts	1166	30	4	5:15.1	4:23	10	1:02.0		6	1:50:24.3	4:48				8	54:05.6	5:34	2:50:47.2
8	31	Robert Heim	1027	34	11	6:49.5	5:41	6	0:51.8		11	2:02:14.1	5:19	4	1:00.4		7	52:51.5	5:59	3:03:47.4
9	33	Evan Simpson	1058	32	13	7:26.4	6:12	13	1:26.6		10	2:00:20.1	5:14	5	1:09.3		9	56:38.0	6:05	3:07:00.5
10	34	KEVIN CANTWELL	1008	32	12	6:55.4	5:46	9	0:59.9		12	2:02:26.6	5:19	8	1:37.6		10	57:35.2	6:11	3:09:34.9
11	35	Carson Pavkov	1048	31	9	5:51.7	4:53	3	0:35.6		8	1:58:09.5	5:08	11	3:47.0		12	1:04:26.3	6:17	3:12:50.3
12	37	Michael Stauffer	1062	31	6	5:22.1	4:28	5	0:50.3		13	2:07:21.5	5:32	10	2:37.9		11	1:00:35.9	6:25	3:16:47.8

Male 35 to 39

Place			----WarmUp ----					---- T1 ----		---- Bike ----			---- T2 ----		---- Run ----			Total		
Place	Overall	Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	4	Ryan Hobbs	1028	35	2	5:09.5	4:18	5	0:40.6		3	1:37:05.5	4:13	2	0:33.6		2	37:13.6	4:35	2:20:42.9
2	7	Shawn Stinson	1164	36	6	5:46.5	4:49	3	0:34.5		2	1:35:21.6	4:09	3	0:52.4		3	39:45.5	4:38	2:22:20.7
3	8	Chris Caamano	1006	39	1	5:00.2	4:10	1	0:30.0		1	1:34:21.8	4:06	1	0:26.3		5	44:36.0	4:43	2:24:54.5
4	19	Adam Bratton	1003	36	9	6:30.2	5:25	6	0:48.6		7	1:57:55.8	5:08	9	3:01.7		4	41:32.2	5:32	2:49:48.6
5	20	Dan Kraus	1032	37	4	5:33.1	4:38	2	0:32.9		4	1:50:05.7	4:47	4	1:22.0		7	52:45.9	5:33	2:50:19.8
6	23	Jeffrey Lucy	1036	35	7	5:48.6	4:51	8	1:15.8		6	1:55:54.6	5:02	5	1:24.9		6	49:42.7	5:40	2:54:06.8
7	38	Rusty Smith	1059	38	8	6:19.6	5:16	10	1:27.0		8	2:04:44.4	5:25				9	1:04:52.7	6:26	3:17:23.8
8	42	Douglas Ehlers	1012	35	3	5:29.2	4:34	4	0:37.7		11	2:59:45.5	7:49	8	3:01.7		1	18:08.6	6:45	3:27:02.8
9	45	Aaron Morrill	1040	35	11	7:20.9	6:07	11	1:33.2		9	2:25:04.5	6:18	6	2:52.1		8	1:02:18.8	7:08	3:39:09.6

*Overall place within gender

Race Date
July 13, 2019

WhiteWater Triathlon

Age Group Results

Long

Male 40 to 44

Place			----WarmUp ----			---- T1 ----			---- Bike ----			---- T2 ----			---- Run ----			Total		
Place	Overall	Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	1	Lars Johansson	1030	42	1	4:59.0	4:09	1	0:41.4		1	1:26:30.2	3:46	1	0:39.4		1	32:52.0	4:06	2:05:42.3
2	14	Laurent Painchald	1161	43	2	5:20.0	4:27	3	1:12.8		2	1:53:57.1	4:57	2	0:52.6		2	37:35.4	5:11	2:38:58.2
3	26	Jason Gasparik	1020	40	7	6:42.4	5:35	5	1:31.8		3	1:57:39.5	5:07	3	1:34.4		3	47:39.4	5:42	2:55:07.6
4	28	Ryan McGhee	1138	43	6	6:39.8	5:33	7	1:53.9		4	1:58:20.8	5:09	5	2:54.8		5	51:53.1	5:55	3:01:42.5
5	32	Matthew Franks	1018	42	5	6:34.8	5:29	6	1:50.4		5	2:02:53.6	5:21	6	3:05.7		4	50:05.0	6:01	3:04:29.6
6	39	Jake Way	1066	44	3	6:14.2	5:12	4	1:31.1		6	2:17:33.8	5:59	4	1:49.2		6	52:12.9	6:30	3:19:21.3

Male 45 to 49

Place			----WarmUp ----			---- T1 ----			---- Bike ----			---- T2 ----			---- Run ----			Total		
Place	Overall	Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	6	Brian Smith	1060	47	1	5:14.4	4:22	2	0:41.6		1	1:37:31.7	4:14	1	0:33.7		1	37:26.2	4:36	2:21:27.8
2	10	Ruben Montano	1039	46	2	5:24.6	4:31	1	0:35.6		2	1:44:59.7	4:34	2	0:51.6		2	39:44.2	4:56	2:31:35.9
3	22	Paul Brunson	1005	47	3	6:13.3	5:11	5	1:10.2		4	1:56:55.2	5:05	5	1:37.4		3	47:28.8	5:39	2:53:25.1
4	25	Robert Lefler	1035	49	5	6:32.5	5:27	4	1:09.7		3	1:54:18.3	4:58	3	1:14.0		4	51:39.1	5:42	2:54:53.9
5	36	Howard Nickelson	1043	46	4	6:19.5	5:16	3	0:42.2		5	2:03:22.1	5:22	4	1:36.6		5	1:01:20.4	6:18	3:13:21.0
DQ	DQ	William Zuercher	1067	48	6	7:16.5	6:04	6	1:24.3		6	2:35:14.7	6:45	6	3:12.1		DQ	23:03.1	6:12	3:10:10.8

Male 50 to 54

Place			----WarmUp ----			---- T1 ----			---- Bike ----			---- T2 ----			---- Run ----			Total		
Place	Overall	Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	2	Donny Forsyth	1017	52	1	5:04.3	4:14	1	0:21.5		1	1:26:43.1	3:46	1	0:27.0		1	35:04.3	4:10	2:07:40.4
2	15	Rick Clark	1009	54	2	5:53.5	4:55	3	0:51.7		2	1:49:32.3	4:46	3	1:18.9		2	41:26.9	5:11	2:39:03.4
3	30	John Crombez	1010	53	3	6:28.3	5:24	2	0:51.6		3	2:01:09.3	5:16	2	0:46.4		3	53:53.2	5:58	3:03:09.1

*Overall place within gender

Race Date
July 13, 2019

WhiteWater Triathlon
Age Group Results

Long

Male 55 and Over

Place			----WarmUp ----			---- T1 ----		---- Bike ----			---- T2 ----		---- Run ----			Total				
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>			
1	43	Jim Emery	1013	59	1	6:51.3	5:43	1	1:14.8		2	2:17:34.6	5:59	1	2:58.8		1	58:45.4	6:45	3:27:25.1

*Overall place within gender