

Frigid 2019

Race Date
February 09, 2019

Overall Finish List**Frigid 5k**

| <u>Overall</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> | <u>Age</u> | <u>Gend</u> | <u>AG Place</u> | <u>Time</u> | <u>Pace</u> |
|----------------|--------------------|-----------------|---------------|------------|-------------|-----------------|-------------|-------------|
| 1 | IAN WESSNER | DAVIDSON NC | 3918 | 18 | M | 1 15-19 | 23:39.1 | 4:44/K |
| 2 | RYAN HAMILTON | DAVIDSON NC | 3909 | 18 | M | 2 15-19 | 25:18.7 | 5:04/K |
| 3 | Cooper Godwin | huntersville NC | 6946 | 18 | M | 3 15-19 | 26:17.3 | 5:15/K |
| 4 | LARS HAUGSTED | WAXHAW NC | 3912 | 25 | M | 1 25-29 | 26:20.2 | 5:16/K |
| 5 | SERGEI ZHYK | CHARLOTTE NC | 1895 | 40 | M | 1 40-44 | 27:25.4 | 5:29/K |
| 6 | NOAH CARTER | GASTONIA NC | 3916 | 17 | M | 4 15-19 | 27:36.1 | 5:31/K |
| 7 | PETER DIXON | CHARLOTTE NC | 1927 | 37 | M | 1 35-39 | 27:37.6 | 5:31/K |
| 8 | BROCK GLASER | MOORESVILLE NC | 3924 | 39 | M | 2 35-39 | 28:34.5 | 5:43/K |
| 9 | BRIDGET CONROY | CHARLOTTE NC | 3992 | 29 | F | 1 25-29 | 29:03.6 | 5:49/K |
| 10 | BLAIN VANDERHOOF | CLOVER SC | 3921 | 32 | M | 1 30-34 | 29:09.1 | 5:50/K |
| 11 | JASON JASKIEWICZ | GASTONIA NC | 3978 | 29 | M | 2 25-29 | 29:18.0 | 5:52/K |
| 12 | DAVID MCCUISTON | CHARLOTTE NC | 3920 | 27 | M | 3 25-29 | 29:26.1 | 5:53/K |
| 13 | Alex Neeb | Charlotte NC | 6948 | 47 | M | 1 45-49 | 30:11.3 | 6:02/K |
| 14 | RUSH DICKSON | CHARLOTTE NC | 3986 | 28 | M | 4 25-29 | 30:23.0 | 6:05/K |
| 15 | DAVID PAGE | HARRISBURG NC | 3960 | 29 | M | 5 25-29 | 30:41.0 | 6:08/K |
| 16 | SCOTT LEMOS | CHARLOTTE NC | 3915 | 47 | M | 2 45-49 | 30:51.7 | 6:10/K |
| 17 | NATHAN VICKNAIR | CHARLOTTE NC | 4000 | 26 | M | 6 25-29 | 30:58.4 | 6:12/K |
| 18 | BRENNEMAN THOMPSON | CHARLOTTE NC | 3926 | 60 | M | 1 55-99 | 31:01.9 | 6:12/K |
| 19 | JAKE REED | YORK SC | 3922 | 23 | M | 1 20-24 | 31:08.5 | 6:14/K |
| 20 | Laura Page | Acworth GA | 6947 | 27 | F | 2 25-29 | 31:08.9 | 6:14/K |
| 21 | CHIP HULBERT | CHARLOTTE NC | 3911 | 54 | M | 1 50-54 | 31:15.3 | 6:15/K |
| 22 | KELBI PIERCE | DENVER NC | 3917 | 13 | F | 1 1-14 | 31:16.1 | 6:15/K |
| 23 | JAIME LEE KELLER | CHARLOTTE NC | 3991 | 28 | F | 3 25-29 | 31:30.6 | 6:18/K |
| 24 | JUSTIN BROWN | HUNTERSVILLE NC | 3990 | 40 | M | 2 40-44 | 31:31.9 | 6:18/K |
| 25 | CHRISTIAN GIBBENS | CHARLOTTE NC | 4003 | 26 | M | 7 25-29 | 31:36.6 | 6:19/K |
| 26 | SHANE HARDEN | FORT MILL SC | 3913 | 38 | M | 3 35-39 | 31:41.1 | 6:20/K |
| 27 | Harry Shaw | Charlotte NC | 6960 | 50 | M | 2 50-54 | 32:00.1 | 6:24/K |
| 28 | Kyle Lovelers | Matthews NC | 6944 | 35 | M | 4 35-39 | 32:09.6 | 6:26/K |
| 29 | WESLEY BENTON | MATTHEWS NC | 4043 | 31 | M | 2 30-34 | 32:09.6 | 6:26/K |
| 30 | CHAD DRAKE | KANNAPOLIS NC | 3996 | 43 | M | 3 40-44 | 32:12.3 | 6:26/K |
| 31 | RANGER GLASER | MOORESVILLE NC | 3925 | 14 | M | 1 1-14 | 32:20.5 | 6:28/K |
| 32 | Daniela SCHUSTER | CHARLOTTE NC | 6956 | 47 | F | 1 45-49 | 32:23.3 | 6:29/K |
| 33 | LAUREN MOPHETT | CHARLOTTE NC | 3914 | 29 | F | 4 25-29 | 32:24.1 | 6:29/K |
| 34 | JONATHAN BELTZ | CHARLOTTE NC | 4007 | 31 | M | 3 30-34 | 32:35.4 | 6:31/K |
| 35 | ZACK CARTER | DENVER NC | 4027 | 40 | M | 4 40-44 | 32:35.6 | 6:31/K |
| 36 | Holly Lovelers | Matthews NC | 6945 | 35 | F | 1 35-39 | 32:37.7 | 6:31/K |
| 37 | MARK NEWMAN | CHARLOTTE NC | 4045 | 44 | M | 5 40-44 | 32:47.8 | 6:33/K |
| 38 | CHARLES BLACK | MATTHEWS NC | 3910 | 17 | M | 5 15-19 | 32:48.1 | 6:34/K |
| 39 | NICK TIDWELL | CLOVER SC | 3995 | 39 | M | 5 35-39 | 32:50.3 | 6:34/K |
| 40 | PETER NOSTROM | CHARLOTTE NC | 6963 | 47 | M | 3 45-49 | 32:52.2 | 6:34/K |
| 41 | RILEY CORN | CHARLOTTE NC | 3958 | 14 | F | 2 1-14 | 33:03.9 | 6:37/K |
| 42 | PIPER SHUSTER | CHARLOTTE NC | 3953 | 14 | F | 3 1-14 | 33:04.5 | 6:37/K |
| 43 | BRYAN PEIRCE | HUNTERSVILLE NC | 4053 | 51 | M | 3 50-54 | 33:19.7 | 6:40/K |
| 44 | Dysen Neeb | Atlanta GA | 6950 | 23 | F | 1 20-24 | 33:23.3 | 6:41/K |
| 45 | MICHAEL FILSINGER | FORT MILL SC | 4021 | 39 | M | 6 35-39 | 33:37.7 | 6:43/K |
| 46 | DAVID COX | COLUMBIA SC | 1936 | 21 | M | 2 20-24 | 33:43.6 | 6:45/K |
| 47 | NATHAN KEATON | MOUNT HOLLY NC | 4048 | 37 | M | 7 35-39 | 33:44.6 | 6:45/K |

Frigid 2019

Race Date
February 09, 2019

Overall Finish List**Frigid 5k**

| <u>Overall</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> | <u>Age</u> | <u>Gend</u> | <u>AG Place</u> | <u>Time</u> | <u>Pace</u> |
|----------------|-------------------|-----------------|---------------|------------|-------------|-----------------|-------------|-------------|
| 48 | AARON MAILLOUX | CHARLOTTE NC | 4008 | 44 | M | 6 40-44 | 33:49.1 | 6:46/K |
| 49 | TYLER JOHNSON | CHARLOTTE NC | 4133 | 14 | M | 2 1-14 | 33:49.1 | 6:46/K |
| 50 | HOWARD SWEET | CHARLOTTE NC | 3993 | 53 | M | 4 50-54 | 33:52.5 | 6:46/K |
| 51 | JOHN BURGER | CHARLOTTE NC | 4010 | 38 | M | 8 35-39 | 33:53.6 | 6:47/K |
| 52 | Phil Gibbons | Charltote NC | 6953 | 52 | M | 5 50-54 | 33:54.7 | 6:47/K |
| 53 | MARTIN LAMP | CHARLOTTE NC | 4040 | 42 | M | 7 40-44 | 34:00.8 | 6:48/K |
| 54 | COURTNEY CARROLL | CHARLOTTE NC | 4034 | 23 | F | 2 20-24 | 34:02.3 | 6:48/K |
| 55 | KERRI VARDON | MATTHEWS NC | 4109 | 32 | F | 1 30-34 | 34:06.4 | 6:49/K |
| 56 | Justin Stolcs | Atlanta GA | 6951 | 26 | M | 8 25-29 | 34:17.4 | 6:51/K |
| 57 | Mike Cunningham | Matthews NC | 6938 | 44 | M | 8 40-44 | 34:21.0 | 6:52/K |
| 58 | TRENTEN DUMAS | HUNTERSVILLE NC | 4060 | 24 | M | 3 20-24 | 34:27.2 | 6:53/K |
| 59 | Brent Brewer | Gastonia NC | 6957 | 51 | M | 6 50-54 | 34:30.3 | 6:54/K |
| 60 | BRETT GROLEAU | HUNTERSVILLE NC | 4061 | 35 | M | 9 35-39 | 34:38.2 | 6:56/K |
| 61 | PHIL SCRUGGS | PLYMOUTH IN | 4046 | 45 | M | 4 45-49 | 34:44.2 | 6:57/K |
| 62 | TROY KNIGHT | BELMONT NC | 4022 | 32 | M | 4 30-34 | 34:48.8 | 6:58/K |
| 63 | ANDY MOORE | CHARLOTTE NC | 4169 | 42 | M | 9 40-44 | 34:49.0 | 6:58/K |
| 64 | JARED RORRER | CHARLOTTE NC | 3985 | 45 | M | 5 45-49 | 34:52.3 | 6:58/K |
| 65 | DARIN BIRD | DENVER NC | 4013 | 50 | M | 7 50-54 | 34:53.1 | 6:59/K |
| 66 | Elliott Diskin | Charlotte NC | 6942 | 16 | M | 6 15-19 | 34:56.6 | 6:59/K |
| 67 | MATTHEW AUMAN | PINEVILLE NC | 4044 | 37 | M | 10 35-39 | 35:02.4 | 7:00/K |
| 68 | MCKENNA CORN | CHARLOTTE NC | 4026 | 16 | F | 1 15-19 | 35:04.3 | 7:01/K |
| 69 | MATTHEW LEMLEY | CHARLOTTE NC | 4011 | 31 | M | 5 30-34 | 35:06.3 | 7:01/K |
| 70 | MARY-HELEN MURDEN | CHARLOTTE NC | 3999 | 1 | F | 4 1-14 | 35:10.1 | 7:02/K |
| 71 | PAUL HERNDON | CHARLOTTE NC | 4025 | 55 | M | 2 55-99 | 35:15.3 | 7:03/K |
| 72 | TOM TORKILDSEN | MATTHEWS NC | 4079 | 63 | M | 3 55-99 | 35:18.0 | 7:04/K |
| 73 | LUKE NEILANS | CHARLOTTE NC | 4082 | 35 | M | 11 35-39 | 35:24.4 | 7:05/K |
| 74 | JIM THOMPSON | CHARLOTTE NC | 4083 | 48 | M | 6 45-49 | 35:28.0 | 7:06/K |
| 75 | ZACK MARROSO | CHARLOTTE NC | 4096 | 29 | M | 9 25-29 | 35:36.7 | 7:07/K |
| 76 | TAYLOR GUTIERREZ | CHARLOTTE NC | 4115 | 24 | M | 4 20-24 | 35:41.4 | 7:08/K |
| 77 | THEO RAMOS | MINT HILL NC | 4039 | 9 | M | 3 1-14 | 36:08.9 | 7:14/K |
| 78 | GREG MAY | HUNTERSVILLE NC | 4001 | 42 | M | 10 40-44 | 36:09.1 | 7:14/K |
| 79 | MOIRA DOLAN | CAHRLOTTE NC | 4036 | 26 | F | 5 25-29 | 36:10.5 | 7:14/K |
| 80 | EMERSON HARRIS | CHARLOTTE NC | 4042 | 27 | M | 10 25-29 | 36:11.0 | 7:14/K |
| 81 | TOM SWARTZ | CHARLOTTE NC | 4136 | 29 | M | 11 25-29 | 36:18.0 | 7:16/K |
| 82 | TYLER LOWERY | CHARLOTTE NC | 3997 | 27 | M | 12 25-29 | 36:23.6 | 7:17/K |
| 83 | ANGELA POLLEX | TROUTMAN NC | 4029 | 23 | F | 3 20-24 | 36:30.3 | 7:18/K |
| 84 | SCOTT HUFFARD | BEECH MOUNTAIN | 4030 | 33 | M | 6 30-34 | 36:32.9 | 7:18/K |
| 85 | BEN BROOM | CLOVER SC | 4110 | 43 | M | 11 40-44 | 36:49.9 | 7:22/K |
| 86 | CLINT MCMANUS | CHARLOTTE NC | 4197 | 28 | M | 13 25-29 | 36:55.3 | 7:23/K |
| 87 | KRISTEN EVANS | CHARLOTTE NC | 3998 | 15 | F | 2 15-19 | 36:55.5 | 7:23/K |
| 88 | ALEX BREWSTER | CHARLOTTE NC | 3994 | 25 | M | 14 25-29 | 36:57.9 | 7:23/K |
| 89 | JACKSON SWITZER | CHARLOTTE NC | 4080 | 32 | M | 7 30-34 | 36:59.7 | 7:24/K |
| 90 | MATT VARNUM | HUNTERSVILLE NC | 4165 | 42 | M | 12 40-44 | 37:03.3 | 7:25/K |
| 91 | Sharon Ruble | Tega Cay SC | 6955 | 58 | F | 1 55-99 | 37:04.5 | 7:25/K |
| 92 | NATALIE HARDEN | FORT MILL SC | 4064 | 38 | F | 2 35-39 | 37:14.7 | 7:27/K |
| 93 | JAIME PAGE | FORT MILL SC | 6936 | 36 | F | 3 35-39 | 37:18.8 | 7:28/K |
| 94 | JENNIFER DYER | FORT MILL SC | 6937 | 37 | F | 4 35-39 | 37:18.9 | 7:28/K |

Frigid 2019

Race Date

February 09, 2019

Overall Finish List**Frigid 5k**

| Overall | Name | City | Bib No | Age | Gend | AG Place | Time | Pace |
|----------------|-------------------|-----------------|---------------|------------|-------------|-----------------|-------------|-------------|
| 95 | LAURA BACIK | FORT MILL SC | 4009 | 36 | F | 5 35-39 | 37:19.9 | 7:28/K |
| 96 | JACK DAVIS | CORNELIUS NC | 4066 | 33 | M | 8 30-34 | 37:21.3 | 7:28/K |
| 97 | MELISSA COLOSI | CHARLOTTE NC | 4108 | 36 | F | 6 35-39 | 37:22.6 | 7:28/K |
| 98 | Tim Page | Acworth GA | 6941 | 59 | M | 4 55-99 | 37:23.2 | 7:29/K |
| 99 | ALANNA HENSLEY | SHELBY NC | 4059 | 31 | F | 2 30-34 | 37:31.9 | 7:30/K |
| 100 | WHITNEY FREIZE | GASTONIA NC | 4058 | 31 | F | 3 30-34 | 37:33.6 | 7:31/K |
| 101 | PHILIPP RICKER | Charlotte NC | 6935 | 27 | M | 15 25-29 | 37:34.4 | 7:31/K |
| 102 | TIM POLLARD | MOUNT HOLLY NC | 4018 | 42 | M | 13 40-44 | 37:35.4 | 7:31/K |
| 103 | HOLDEN RUDD | CHARLOTTE NC | 6897 | 27 | M | 16 25-29 | 37:35.9 | 7:31/K |
| 104 | TIMOTHY RYAN | MATTHEWS NC | 6934 | 64 | M | 5 55-99 | 37:43.7 | 7:33/K |
| 105 | Jeff Linson | | 6962 | 62 | M | 6 55-99 | 37:45.5 | 7:33/K |
| 106 | RYAN COLATRELLA | CHARLOTTE NC | 3472 | 28 | M | 17 25-29 | 37:46.8 | 7:33/K |
| 107 | ZACHARY WHITLEY | CHARLOTTE NC | 4032 | 29 | M | 18 25-29 | 37:48.1 | 7:34/K |
| 108 | CHASE HILDENBRAND | DENVER NC | 4028 | 33 | M | 9 30-34 | 37:52.5 | 7:34/K |
| 109 | ANDREW TROY | MATTHEWS NC | 4106 | 28 | M | 19 25-29 | 37:53.9 | 7:35/K |
| 110 | CONNIE PARK | GASTONIA NC | 4015 | 56 | F | 2 55-99 | 38:01.8 | 7:36/K |
| 111 | SHILLINA REASER | ROCK HILL SC | 4149 | 52 | F | 1 50-54 | 38:03.6 | 7:37/K |
| 112 | FERNANDO CUIS | HUNTERSVILLE NC | 4065 | 41 | M | 14 40-44 | 38:05.7 | 7:37/K |
| 113 | BRANDON DRESCH | CHARLOTTE NC | 3379 | 40 | M | 15 40-44 | 38:06.8 | 7:37/K |
| 114 | ELIZABETH KUNZ | CHARLOTTE NC | 3378 | 30 | F | 4 30-34 | 38:08.4 | 7:38/K |
| 115 | SCOTT BLACK | CHARLOTTE NC | 4005 | 48 | M | 7 45-49 | 38:15.1 | 7:39/K |
| 116 | SHANTI PINTO | CHARLOTTE NC | 4135 | 33 | F | 5 30-34 | 38:16.8 | 7:39/K |
| 117 | COREEN MACDONALD | FORT MILL SC | 6958 | 32 | F | 6 30-34 | 38:26.5 | 7:41/K |
| 118 | AARON BACIK | FORT MILL SC | 4049 | 38 | M | 12 35-39 | 38:29.6 | 7:42/K |
| 119 | JOE VALLATINI | BELMONT NC | 4016 | 38 | M | 13 35-39 | 38:35.9 | 7:43/K |
| 120 | MIKE ENZWILER | HUNTERSVILLE NC | 4128 | 45 | M | 8 45-49 | 38:37.3 | 7:43/K |
| 121 | MICHELLE TAYLOR | HUNTERSVILLE NC | 4087 | 43 | F | 1 40-44 | 38:39.2 | 7:44/K |
| 122 | JOHN MOTTOLA | HUNTERSVILLE NC | 4086 | 43 | M | 16 40-44 | 38:39.4 | 7:44/K |
| 123 | BRANDON SCRUGGS | CHARLOTTE NC | 6528 | 29 | M | 20 25-29 | 38:48.3 | 7:46/K |
| 124 | PATRICK GIBBONS | CHARLOTTE NC | 4093 | 23 | M | 5 20-24 | 39:01.2 | 7:48/K |
| 125 | JOE MORGAN | MONROE NC | 4180 | 24 | M | 6 20-24 | 39:07.0 | 7:49/K |
| 126 | KRISTIN MOODY | CHARLOTTE NC | 4184 | 29 | F | 6 25-29 | 39:19.6 | 7:52/K |
| 127 | CHINTAN PATEL | CHARLOTTE NC | 6892 | 27 | M | 21 25-29 | 39:39.5 | 7:56/K |
| 128 | MICHAEL CARTER | GASTONIA NC | 4002 | 44 | M | 17 40-44 | 39:40.0 | 7:56/K |
| 129 | COURTNEY WANGEN | CHARLOTTE NC | 4023 | 28 | F | 7 25-29 | 39:40.9 | 7:56/K |
| 130 | DANIELLE AIELLO | MATTHEWS NC | 4050 | 17 | F | 3 15-19 | 39:41.2 | 7:56/K |
| 131 | RICHARD PRICE | MONROE NC | 4120 | 43 | M | 18 40-44 | 39:41.4 | 7:56/K |
| 132 | WILLIAM WRIGHT | CHARLOTTE NC | 4024 | 27 | M | 22 25-29 | 39:42.1 | 7:56/K |
| 133 | DAVE STEWART | CHARLOTTE NC | 4070 | 33 | M | 10 30-34 | 39:44.2 | 7:57/K |
| 134 | JAMESON WELLS | CHARLOTTE NC | 4057 | 62 | M | 7 55-99 | 39:48.8 | 7:58/K |
| 135 | MARIE MCCANN | BELMONT NC | 4089 | 41 | F | 2 40-44 | 39:54.5 | 7:59/K |
| 136 | SCARLETT LISTER | CHARLOTTE NC | 4075 | 21 | F | 4 20-24 | 39:58.1 | 8:00/K |
| 137 | CAIDEN SZEJDA | CLAYTON NC | 6884 | 10 | M | 4 1-14 | 40:14.5 | 8:03/K |
| 138 | PETER DANCZEWSKI | CHARLOTTE NC | 6542 | 51 | M | 8 50-54 | 40:19.2 | 8:04/K |
| 139 | NOLAN PERKINS | MOORESVILLE NC | 4129 | 38 | M | 14 35-39 | 40:20.2 | 8:04/K |
| 140 | BRITTANY TETLOW | CHARLOTTE NC | 4056 | 28 | F | 8 25-29 | 40:20.9 | 8:04/K |
| 141 | FLORENCE MORROW | COLUMBIA SC | 4054 | 59 | F | 3 55-99 | 40:21.9 | 8:04/K |

Frigid 2019

Race Date
February 09, 2019

Overall Finish List**Frigid 5k**

| <u>Overall</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> | <u>Age</u> | <u>Gend</u> | <u>AG Place</u> | <u>Time</u> | <u>Pace</u> |
|----------------|---------------------|-----------------|---------------|------------|-------------|-----------------|-------------|-------------|
| 142 | Matt Smith | Charlotte NC | 6933 | 45 | M | 9 45-49 | 40:36.6 | 8:07/K |
| 143 | RYAN COLOSI | CHARLOTTE NC | 4107 | 37 | M | 15 35-39 | 40:39.8 | 8:08/K |
| 144 | ALEX MARTINEZ | CHARLOTTE NC | 4090 | 41 | M | 19 40-44 | 40:57.4 | 8:11/K |
| 145 | ZACHARY TALMADGED | MURFREESBORO | 4012 | 24 | M | 7 20-24 | 41:04.5 | 8:13/K |
| 146 | CLARENCE WHITE | WINSTON SALEM | 4078 | 35 | M | 16 35-39 | 41:10.1 | 8:14/K |
| 147 | TIM THORNTON | HARRISBURG NC | 6914 | 44 | M | 20 40-44 | 41:13.1 | 8:15/K |
| 148 | HANNAH SKIDMORE | CHARLOTTE NC | 4068 | 22 | F | 5 20-24 | 41:34.7 | 8:19/K |
| 149 | BLAIR PROPERT | GASTONIA NC | 4157 | 31 | M | 11 30-34 | 41:38.8 | 8:20/K |
| 150 | GREG HELLMAN | FORT MILL SC | 4014 | 29 | M | 23 25-29 | 41:44.2 | 8:21/K |
| 151 | JAMIE WALDRON | CHARLOTTE NC | 4161 | 38 | F | 7 35-39 | 41:48.8 | 8:22/K |
| 152 | JULIA VIZNYAK | BOILING SPRINGS | 4098 | 20 | F | 6 20-24 | 41:51.5 | 8:22/K |
| 153 | GREGORY JACKSON | CLOVER SC | 4123 | 54 | M | 9 50-54 | 41:54.5 | 8:23/K |
| 154 | DARA METCALF | CHARLOTTE NC | 6866 | 36 | F | 8 35-39 | 42:01.5 | 8:24/K |
| 155 | DANIELLE STANISLAUS | CHARLOTTE NC | 4076 | 29 | F | 9 25-29 | 42:02.5 | 8:24/K |
| 156 | ROBERT DAVIS | SPARTANBURG SC | 4097 | 37 | M | 17 35-39 | 42:05.8 | 8:25/K |
| 157 | CHARLES WARNICK | CHARLOTTE NC | 4104 | 31 | M | 12 30-34 | 42:06.6 | 8:25/K |
| 158 | DIANA MARTINEZ | CHARLOTTE NC | 4091 | 38 | F | 9 35-39 | 42:09.0 | 8:26/K |
| 159 | MACKENZIE HEARN | CHAPIN SC | 4047 | 19 | F | 4 15-19 | 42:19.3 | 8:28/K |
| 160 | RICHARD KING | DAVIDSON NC | 4067 | 49 | M | 10 45-49 | 42:20.8 | 8:28/K |
| 161 | MARIBEL BUNICH | CHARLOTTE NC | 4163 | 45 | F | 2 45-49 | 42:21.8 | 8:28/K |
| 162 | JENNIFER RADEBAUGH | LINCOLNTON NC | 4094 | 47 | F | 3 45-49 | 42:22.7 | 8:28/K |
| 163 | JENNIFER RADEBAUGH | LINCOLNTON NC | 4095 | 17 | F | 5 15-19 | 42:23.9 | 8:29/K |
| 164 | RILEY MOORE | CHAPIN SC | 4020 | 12 | F | 5 1-14 | 42:29.4 | 8:30/K |
| 165 | Kimberly Neeb | Charlotte NC | 6949 | 40 | F | 3 40-44 | 42:38.7 | 8:32/K |
| 166 | DANIELLE EARNHARDT | LANDIS NC | 4166 | 26 | F | 10 25-29 | 42:57.4 | 8:35/K |
| 167 | CORY COLVIN | ROCK HILL SC | 4175 | 31 | M | 13 30-34 | 43:14.7 | 8:39/K |
| 168 | KAREN SEMRAU | CHARLOTTE NC | 6680 | 22 | F | 7 20-24 | 43:15.2 | 8:39/K |
| 169 | MARGARET COLVIN | ROCK HILL SC | 4176 | 32 | F | 7 30-34 | 43:16.2 | 8:39/K |
| 170 | GRANT TURNER | VALDESE NC | 6592 | 19 | M | 7 15-19 | 43:21.0 | 8:40/K |
| 171 | ROBERT JOSEPH | CHARLOTTE NC | 4191 | 38 | M | 18 35-39 | 43:30.9 | 8:42/K |
| 172 | KATIE JONES | CHARLOTTE NC | 6952 | 27 | F | 11 25-29 | 43:39.4 | 8:44/K |
| 173 | WESLEY KNIGHT | CHARLOTTE NC | 3965 | 32 | M | 14 30-34 | 43:39.9 | 8:44/K |
| 174 | KAMERON MOEBES | CHARLOTTE NC | 4073 | 31 | F | 8 30-34 | 43:40.1 | 8:44/K |
| 175 | ANDREW ROSENTHAL | HUNTERSVILLE NC | 4151 | 32 | M | 15 30-34 | 43:43.7 | 8:45/K |
| 176 | CANDICE VAN DER | CHARLOTTE NC | 6546 | 33 | F | 9 30-34 | 43:48.5 | 8:46/K |
| 177 | PATRICK KANE | CHARLOTTE NC | 4052 | 23 | M | 8 20-24 | 43:48.8 | 8:46/K |
| 178 | HIMANSHU AGARWAL | CHARLOTTE NC | 4102 | 27 | M | 24 25-29 | 43:52.4 | 8:46/K |
| 179 | BRITTNEY JOHNSON | CHARLOTTE NC | 4139 | 33 | F | 10 30-34 | 44:08.6 | 8:50/K |
| 180 | EMILY ADAMS | CHARLOTTE NC | 4038 | 24 | F | 8 20-24 | 44:12.9 | 8:50/K |
| 181 | AUDREY CONNER | CHARLOTTE NC | 4105 | 27 | F | 12 25-29 | 44:15.5 | 8:51/K |
| 182 | PRESTON STANFORD | WINSTON SALEM | 4137 | 30 | M | 16 30-34 | 44:15.9 | 8:51/K |
| 183 | ERIN FILSINGER | FORT MILL SC | 4178 | 38 | F | 10 35-39 | 44:16.8 | 8:51/K |
| 184 | CINDY STEWART | GASTONIA NC | 4171 | 41 | F | 4 40-44 | 44:17.2 | 8:51/K |
| 185 | MARIANA TROY | MATTHEWS NC | 6869 | 24 | F | 9 20-24 | 44:19.7 | 8:52/K |
| 186 | NICOLE JOSEPH | CHARLOTTE NC | 6870 | 39 | M | 19 35-39 | 44:23.8 | 8:53/K |
| 187 | KEVIN POHLMAN | TEGA CAY SC | 4121 | 37 | M | 20 35-39 | 44:24.4 | 8:53/K |
| 188 | ANDREW SCHATNER | CHARLOTTE NC | 6681 | 29 | M | 25 25-29 | 44:32.4 | 8:54/K |

Frigid 2019

Race Date
February 09, 2019

Overall Finish List**Frigid 5k**

| Overall | Name | City | Bib No | Age | Gend | AG Place | Time | Pace |
|----------------|---------------------|-----------------|---------------|------------|-------------|-----------------|-------------|-------------|
| 189 | JOSHUA LESLIE | CHARLOTTE NC | 4037 | 25 | M | 26 25-29 | 44:37.1 | 8:55/K |
| 190 | WILLIAM KIMBALL | CHARLOTTE NC | 6861 | 9 | M | 5 1-14 | 44:38.7 | 8:56/K |
| 191 | CONRAD KNISLEY | CHARLOTTE NC | 6863 | 9 | M | 6 1-14 | 44:41.5 | 8:56/K |
| 192 | CYNTHIA HUDSON | ROCK HILL SC | 6678 | 59 | F | 4 55-99 | 44:41.6 | 8:56/K |
| 193 | KARI HERNDON | CHARLOTTE NC | 4181 | 56 | F | 5 55-99 | 44:41.6 | 8:56/K |
| 194 | WENDY KIMBALL | CHARLOTTE NC | 6860 | 39 | F | 11 35-39 | 44:42.5 | 8:56/K |
| 195 | LAUREN MILLIGAN | MATTHEWS NC | 6765 | 29 | F | 13 25-29 | 44:49.4 | 8:58/K |
| 196 | GARRETT TALMADGE | CHARLOTTE NC | 4172 | 26 | M | 27 25-29 | 44:50.5 | 8:58/K |
| 197 | SHANNON SELLERS | BESSEMER CITY | 4099 | 38 | F | 12 35-39 | 44:51.2 | 8:58/K |
| 198 | KENNY SELLERS | BESSEMER CITY | 4100 | 42 | M | 21 40-44 | 44:52.8 | 8:58/K |
| 199 | JAYE MEYER | CHAPEL HILL NC | 6838 | 58 | F | 6 55-99 | 44:55.7 | 8:59/K |
| 200 | EMILY CRAFT | CHARLOTTE NC | 4168 | 27 | F | 14 25-29 | 44:57.2 | 8:59/K |
| 201 | EMILY HAWKINS | CHARLOTTE NC | 4138 | 33 | F | 11 30-34 | 45:06.3 | 9:01/K |
| 202 | KATHERINE FRAY | WAXHAW NC | 6858 | 28 | F | 15 25-29 | 45:17.1 | 9:03/K |
| 203 | KELSEY OVERBECK | ROCK HILL SC | 4101 | 27 | F | 16 25-29 | 45:21.1 | 9:04/K |
| 204 | JILL STEVENS | CHARLOTTE NC | 6911 | 37 | F | 13 35-39 | 45:23.5 | 9:05/K |
| 205 | HANNAH WILKIE | CHARLOTTE NC | 4148 | 23 | F | 10 20-24 | 45:31.3 | 9:06/K |
| 206 | ASHMEY MINDA | CHARLOTTE NC | 4132 | 26 | F | 17 25-29 | 45:31.6 | 9:06/K |
| 207 | ALISSA BLOCKER | FORT MILL SC | 4062 | 23 | F | 11 20-24 | 45:37.5 | 9:07/K |
| 208 | ERIN JONES | CHARLOTTE NC | 4055 | 27 | F | 18 25-29 | 45:38.8 | 9:08/K |
| 209 | ARVIND VEDANTHAM | CHARLOTTE NC | 4114 | 44 | M | 22 40-44 | 45:43.1 | 9:09/K |
| 210 | KATHERINE BALLARD | MOORESVILLE NC | 4142 | 27 | F | 19 25-29 | 45:44.1 | 9:09/K |
| 211 | KATHERINE SCHNEIDER | CHARLOTTE NC | 6774 | 23 | F | 12 20-24 | 45:50.8 | 9:10/K |
| 212 | MICHELLE SMITH | CHARLOTTE NC | 4146 | 28 | F | 20 25-29 | 45:55.3 | 9:11/K |
| 213 | CRAIG VARNUM | HUNTERSVILLE NC | 6779 | 48 | M | 11 45-49 | 46:01.6 | 9:12/K |
| 214 | BRIANNE WHITLEY | CHARLOTTE NC | 4187 | 27 | F | 21 25-29 | 46:01.8 | 9:12/K |
| 215 | KATIE MORGAN | MONROE NC | 6922 | 24 | F | 13 20-24 | 46:04.0 | 9:13/K |
| 216 | ERIC MCKAIG | TRYON NC | 6876 | 52 | M | 10 50-54 | 46:05.6 | 9:13/K |
| 217 | ROCHELLE RUPPE | BOILING SPRINGS | 6877 | 48 | F | 4 45-49 | 46:05.7 | 9:13/K |
| 218 | KRISTEN DIGGS | CHARLOTTE NC | 4118 | 29 | F | 22 25-29 | 46:25.2 | 9:17/K |
| 219 | RAJ KUMAR | CHARLOTTE NC | 4035 | 36 | M | 21 35-39 | 46:27.8 | 9:17/K |
| 220 | TIFFANY CHAN | KERNERSVILLE NC | 6675 | 29 | F | 23 25-29 | 46:32.8 | 9:18/K |
| 221 | KAYLA AITON | MOUNT PLEASANT | 4160 | 25 | F | 24 25-29 | 46:33.8 | 9:19/K |
| 222 | LOREN LOVELACE | MOUNT HOLLY NC | 4150 | 33 | F | 12 30-34 | 46:47.1 | 9:21/K |
| 223 | ADAM ZECK | CHARLOTTE NC | 6856 | 48 | M | 12 45-49 | 46:47.6 | 9:21/K |
| 224 | ELYSE MILLER | CHARLOTTE NC | 4162 | 31 | F | 13 30-34 | 46:56.3 | 9:23/K |
| 225 | EMILY MULLINS | GASTONIA NC | 6865 | 27 | F | 25 25-29 | 46:56.4 | 9:23/K |
| 226 | ROB SIMPSON | ROCK HILL SC | 4134 | 48 | M | 13 45-49 | 46:58.4 | 9:24/K |
| 227 | JULIA WALTERS | MONROE NC | 4140 | 49 | F | 5 45-49 | 47:20.7 | 9:28/K |
| 228 | CHERI RUDOLF | CHARLOTTE NC | 4173 | 41 | F | 5 40-44 | 47:23.2 | 9:29/K |
| 229 | KARTHIK GURUMOORTHY | FORT MILL SC | 6961 | 38 | M | 22 35-39 | 47:23.3 | 9:29/K |
| 230 | Chris Ralph | Charlotte NC | 6943 | 26 | M | 28 25-29 | 47:41.9 | 9:32/K |
| 231 | KELLAN DAVIS | MOORE SC | 4081 | 31 | M | 17 30-34 | 47:43.2 | 9:33/K |
| 232 | MATT WALKOWIAK | CRAMERTON NC | 4051 | 38 | M | 23 35-39 | 47:47.6 | 9:33/K |
| 233 | Chelsea Ponzio | Mount Holly NC | 6959 | 27 | F | 26 25-29 | 47:49.6 | 9:34/K |
| 234 | THOMAS VAUGHAN | FORT MILL SC | 6902 | 28 | M | 29 25-29 | 47:53.5 | 9:35/K |
| 235 | DEANNE KISSINGER | CHARLOTTE NC | 4117 | 44 | F | 6 40-44 | 48:04.5 | 9:37/K |

Frigid 2019

Race Date

February 09, 2019

Overall Finish List**Frigid 5k**

| Overall | Name | City | Bib No | Age | Gend | AG Place | Time | Pace |
|----------------|--------------------|-----------------|---------------|------------|-------------|-----------------|-------------|-------------|
| 236 | TANYA SESSIONS | MOUNT HOLLY NC | 4131 | 47 | F | 6 45-49 | 48:08.8 | 9:38/K |
| 237 | AVA THORNTON | HARRISBURG NC | 6913 | 14 | F | 6 1-14 | 48:14.8 | 9:39/K |
| 238 | JOE DORE | CHARLOTTE NC | 4167 | 31 | M | 18 30-34 | 48:16.7 | 9:39/K |
| 239 | SARA HUNTER | MT. HOLLY NC | 6912 | 27 | F | 27 25-29 | 48:18.4 | 9:40/K |
| 240 | BRONWYN ROBERTS | COLUMBIA SC | 6888 | 39 | F | 14 35-39 | 48:22.6 | 9:40/K |
| 241 | MACKENZIE VIOLASSI | CHARLOTTE NC | 4124 | 25 | F | 28 25-29 | 48:54.0 | 9:47/K |
| 242 | JAY MILLER | MCADENVILLE NC | 6857 | 42 | M | 23 40-44 | 49:02.5 | 9:48/K |
| 243 | NIKKI CURLEY | GASTONIA NC | 4188 | 27 | F | 29 25-29 | 49:03.5 | 9:49/K |
| 244 | SPENCER SMITH | CHARLOTTE NC | 6880 | 29 | M | 30 25-29 | 49:05.5 | 9:49/K |
| 245 | BRYSON SHORE | STALLINGS NC | 6871 | 15 | M | 8 15-19 | 49:06.1 | 9:49/K |
| 246 | EMILY MARROSO | CHARLOTTE NC | 6859 | 30 | F | 14 30-34 | 49:14.6 | 9:51/K |
| 247 | TAYLOR KNIGHT | BELMONT NC | 4179 | 26 | F | 30 25-29 | 49:24.4 | 9:53/K |
| 248 | AMY JOHNSON | CHARLOTTE NC | 6674 | 43 | F | 7 40-44 | 49:24.7 | 9:53/K |
| 249 | ASHLEY CUNNINGHAM | GASTONIA NC | 6593 | 37 | F | 15 35-39 | 49:33.4 | 9:55/K |
| 250 | KEVIN MILLER | BELMONT NC | 6904 | 30 | M | 19 30-34 | 49:38.7 | 9:56/K |
| 251 | SHELLEY LYTTLE | CHARLOTTE NC | 3407 | 33 | F | 15 30-34 | 49:39.4 | 9:56/K |
| 252 | Sheila Smiggen | Tega Cay SC | 6954 | 55 | F | 7 55-99 | 49:45.8 | 9:57/K |
| 253 | TIFFANY STEWART | MOUNT HOLLY NC | 4122 | 48 | F | 7 45-49 | 49:49.3 | 9:58/K |
| 254 | SISSY SIMPSON | 48067 NC | 4196 | 25 | F | 31 25-29 | 49:52.8 | 9:58/K |
| 255 | JOANNA LEE | MATTHEWS NC | 4130 | 17 | F | 6 15-19 | 49:53.0 | 9:59/K |
| 256 | TIM WILLIAMS | CHARLOTTE NC | 4198 | 26 | M | 31 25-29 | 49:53.1 | 9:59/K |
| 257 | JAMIE MORRIS-HALEY | CHARLOTTE NC | 6894 | 54 | F | 2 50-54 | 50:00.4 | 10:00/K |
| 258 | ERIN LEWIS | CHARLOTTE NC | 6940 | 28 | F | 32 25-29 | 50:07.9 | 10:01/K |
| 259 | ASHISH PANDEY | FORT MILL SC | 3981 | 35 | M | 24 35-39 | 50:13.5 | 10:03/K |
| 260 | LINDSAY CASTELLOW | DURHAM NC | 6882 | 31 | F | 16 30-34 | 50:19.5 | 10:04/K |
| 261 | SAMANTHA PAGE | HARRISBURG NC | 6864 | 26 | F | 33 25-29 | 50:20.8 | 10:04/K |
| 262 | BETH CASSEN | CHARLOTTE NC | 4116 | 47 | F | 8 45-49 | 50:21.0 | 10:04/K |
| 263 | KERREY KNISLEY | CHARLOTTE NC | 6862 | 48 | F | 9 45-49 | 50:21.5 | 10:04/K |
| 264 | RYAN LYTTLE | CHARLOTTE NC | 6791 | 35 | M | 25 35-39 | 50:24.2 | 10:05/K |
| 265 | SRIDHAR VADLAPUDI | HUNTERSVILLE NC | 4103 | 50 | M | 11 50-54 | 50:24.4 | 10:05/K |
| 266 | ALEXANDRA BECKHAM | HUNTERSVILLE NC | 4147 | 34 | F | 17 30-34 | 50:30.1 | 10:06/K |
| 267 | BRIENNA SCHROEDER | ROCK HILL SC | 6679 | 28 | F | 34 25-29 | 50:38.9 | 10:08/K |
| 268 | EDGAR GOMEZ | CHARLOTTE NC | 6843 | 32 | M | 20 30-34 | 50:41.5 | 10:08/K |
| 269 | CARLY EDGE | STANLEY NC | 4144 | 26 | F | 35 25-29 | 50:45.7 | 10:09/K |
| 270 | VALERIE ROBLES | CHARLOTTE NC | 6901 | 27 | F | 36 25-29 | 50:47.6 | 10:09/K |
| 271 | BRENDAN NEIBERGALL | HUNTERSVILLE NC | 6881 | 36 | M | 26 35-39 | 50:53.5 | 10:11/K |
| 272 | JULIANNA SEBADE | CHARLOTTE NC | 6890 | 26 | F | 37 25-29 | 50:55.5 | 10:11/K |
| 273 | MARISA THORNTON | LEXINGOTN SC | 6895 | 21 | F | 14 20-24 | 51:32.5 | 10:18/K |
| 274 | REBECCA COX | LEESVILLE SC | 6896 | 49 | F | 10 45-49 | 51:34.2 | 10:19/K |
| 275 | BART CAVE | GREENSBORO NC | 6820 | 25 | M | 32 25-29 | 51:35.9 | 10:19/K |
| 276 | AVERY MOORE | CHAPIN SC | 4177 | 14 | F | 7 1-14 | 51:51.1 | 10:22/K |
| 277 | JOHN DAVIS | VALE NC | 4192 | 37 | M | 27 35-39 | 51:55.6 | 10:23/K |
| 278 | LAURA DAVIS | VALE NC | 4193 | 40 | F | 8 40-44 | 51:57.0 | 10:23/K |
| 279 | ALEXIS DRAGAN | CHARLOTTE NC | 6673 | 26 | F | 38 25-29 | 51:57.5 | 10:23/K |
| 280 | CHUCK TENOLD | CLOVER SC | 4182 | 49 | M | 14 45-49 | 52:18.9 | 10:28/K |
| 281 | KATIE WALKER | CRAMERTON NC | 4074 | 13 | F | 8 1-14 | 52:19.0 | 10:28/K |
| 282 | JACK TENOLD | CLOVER SC | 4183 | 12 | M | 7 1-14 | 52:19.1 | 10:28/K |

Frigid 2019

Race Date

February 09, 2019

Overall Finish List**Frigid 5k**

| Overall | Name | City | Bib No | Age | Gend | AG Place | Time | Pace |
|----------------|----------------------|-----------------|---------------|------------|-------------|-----------------|-------------|-------------|
| 283 | ANDREW SNIPES | CHARLOTTE NC | 6899 | 34 | M | 21 30-34 | 52:22.8 | 10:28/K |
| 284 | MARIA GARLAND | FORT MILL SC | 6810 | 23 | F | 15 20-24 | 52:42.6 | 10:32/K |
| 285 | KATHIE DUHON | GREENVILLE SC | 6671 | 54 | F | 3 50-54 | 52:52.1 | 10:34/K |
| 286 | JORDAN FORD | YORK SC | 4156 | 27 | F | 39 25-29 | 52:53.9 | 10:35/K |
| 287 | BRYANT OWENS | CHARLOTTE NC | 6928 | 49 | M | 15 45-49 | 52:58.9 | 10:36/K |
| 288 | PETER HEARN | CHARLOTTE NC | 6908 | 35 | M | 28 35-39 | 53:30.1 | 10:42/K |
| 289 | EMMA BAILEY | CLOVER SC | 4126 | 43 | F | 9 40-44 | 53:31.8 | 10:42/K |
| 290 | RHONDA BROOM | CLOVER SC | 6931 | 44 | F | 10 40-44 | 53:32.2 | 10:42/K |
| 291 | Scott Rudolph | CHARLOTTE NC | 4174 | 48 | M | 16 45-49 | 53:32.7 | 10:42/K |
| 292 | ALI MCCRAW | HUNTERSVILLE NC | 4071 | 26 | F | 40 25-29 | 53:43.7 | 10:45/K |
| 293 | JUDY JOYE | CHARLOTTE NC | 6879 | 49 | F | 11 45-49 | 53:44.7 | 10:45/K |
| 294 | JOHN JOYE | WILMINGTON NC | 6891 | 47 | M | 17 45-49 | 53:45.3 | 10:45/K |
| 295 | STEPHENIE MOSLEY | BLYTHEWOOD SC | 6677 | 30 | F | 18 30-34 | 53:50.4 | 10:46/K |
| 296 | SUSAN PITTINARO | MATTHEWS NC | 6915 | 48 | F | 12 45-49 | 53:52.5 | 10:46/K |
| 297 | RUSTY BOLDT | CONCORD NC | 6906 | 26 | M | 33 25-29 | 54:00.8 | 10:48/K |
| 298 | KIERSTEN MALO | CHARLOTTE NC | 6918 | 37 | F | 16 35-39 | 54:15.4 | 10:51/K |
| 299 | ROBERT MARTINEZ | CONCORD NC | 6910 | 42 | M | 24 40-44 | 54:24.2 | 10:53/K |
| 300 | TROY ZIMMERMANN | SAN ANTONIO TX | 6909 | 26 | M | 34 25-29 | 54:24.5 | 10:53/K |
| 301 | JOSH JENKINS | STATESVILLE NC | 6900 | 30 | M | 22 30-34 | 54:58.7 | 11:00/K |
| 302 | TOM KITRICK | CONCORD NC | 6903 | 62 | M | 8 55-99 | 55:35.2 | 11:07/K |
| 303 | JOHN ELMS | ROCK HILL SC | 4186 | 28 | M | 35 25-29 | 55:46.4 | 11:09/K |
| 304 | WENDY ADAMS | ROCK HILL SC | 6540 | 49 | F | 13 45-49 | 56:09.5 | 11:14/K |
| 305 | LAURA MILLER | FOUNTAIN INN SC | 6889 | 31 | F | 19 30-34 | 56:18.6 | 11:16/K |
| 306 | BRITTANY LAFONTAINE | INDIAN TRAIL NC | 6917 | 33 | F | 20 30-34 | 57:04.5 | 11:25/K |
| 307 | APRIL WILLIAMS | WINSTON SALEM | 6916 | 45 | F | 14 45-49 | 57:23.7 | 11:29/K |
| 308 | ATHERTON WOLDING | HUNTERSVILLE NC | 6921 | 10 | F | 9 1-14 | 58:07.5 | 11:37/K |
| 309 | SUSIE WOLDING | HUNTERSVILLE NC | 4088 | 44 | F | 11 40-44 | 58:08.1 | 11:38/K |
| 310 | Unknown Partic. 6939 | | 6939 | 0 | M | 1 0-0 | 58:26.3 | 11:41/K |
| 311 | RUTH STEELE | YORK SC | 6926 | 51 | F | 4 50-54 | 59:02.4 | 11:48/K |
| 312 | LUKE PTACEK | FORT MILL SC | 4125 | 22 | M | 9 20-24 | 59:18.0 | 11:52/K |
| 313 | BRYCE WOLFE | MOORESVILLE NC | 4143 | 44 | M | 25 40-44 | 59:20.1 | 11:52/K |
| 314 | RILEY BARTOS | MOORESVILLE NC | 4127 | 13 | F | 10 1-14 | 59:20.9 | 11:52/K |
| 315 | CHRIS BUNNEY | CHARLOTTE NC | 6923 | 36 | M | 29 35-39 | 59:21.4 | 11:52/K |
| 316 | ALISHA TERRONES | CHARLOTTE NC | 6924 | 36 | F | 17 35-39 | 59:21.8 | 11:52/K |
| 317 | TAYLOR MILLICAN | GASTONIA NC | 4158 | 20 | F | 16 20-24 | 59:22.2 | 11:52/K |
| 318 | LESLIE WOODRUFF | HUNTERSVILLE NC | 6927 | 55 | F | 8 55-99 | 1:00:26.3 | 12:05/K |
| 319 | WHITNEY STEELE | YORK SC | 6925 | 28 | F | 41 25-29 | 1:00:31.6 | 12:06/K |
| 320 | MARCIE JONES-WILSON | CHARLOTTE NC | 6672 | 50 | F | 5 50-54 | 1:00:47.7 | 12:09/K |
| 321 | HEATHER SHORE | STALLINGS NC | 6930 | 51 | F | 6 50-54 | 1:01:05.4 | 12:13/K |
| 322 | MARY ADAMS | WINSTON SALEM | 4119 | 47 | F | 15 45-49 | 1:02:02.6 | 12:24/K |
| 323 | EMILY SCRUGGS | CHARLOTTE NC | 6878 | 26 | F | 42 25-29 | 1:02:05.4 | 12:25/K |
| 324 | FRANKIE CARNS | CHARLOTTE NC | 6893 | 49 | M | 18 45-49 | 1:02:53.3 | 12:35/K |
| 325 | EMILY DICKSON | GASTONIA NC | 6886 | 26 | F | 43 25-29 | 1:03:05.7 | 12:37/K |
| 326 | NATALIE DUNN | GASTONIA NC | 6887 | 30 | F | 21 30-34 | 1:03:06.6 | 12:37/K |
| 327 | Cara Goforth | Marshall NC | 3504 | 20 | F | 17 20-24 | 1:03:26.0 | 12:41/K |
| 328 | SANDRA SZEJDA | CLAYTON NC | 6883 | 33 | F | 22 30-34 | 1:03:34.6 | 12:43/K |
| 329 | RACHEL GREENE | CHARLOTTE NC | 6932 | 49 | F | 16 45-49 | 1:03:40.8 | 12:44/K |

Frigid 5k

| <u>Overall</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> | <u>Age</u> | <u>Gend</u> | <u>AG Place</u> | <u>Time</u> | <u>Pace</u> |
|----------------|----------------------|----------------|---------------|------------|-------------|-----------------|-------------|-------------|
| 330 | Unknown Partic. 6929 | | 6929 | 0 | M | 2 0-0 | 1:04:58.5 | 13:00/K |
| 331 | DONA WARSHAW | CHARLOTTE NC | 6824 | 51 | F | 7 50-54 | 1:05:00.6 | 13:00/K |
| 332 | TABITHA SIMS | BELMONT NC | 6676 | 23 | F | 18 20-24 | 1:05:13.2 | 13:03/K |
| 333 | VICTORIA KELLOUGH | GASTONIA NC | 4141 | 28 | F | 44 25-29 | 1:05:14.5 | 13:03/K |
| 334 | ANNA RENDON | MOUNT HOLLY NC | 6898 | 34 | F | 23 30-34 | 1:05:15.6 | 13:03/K |
| 335 | AVNEENDRA ARUN | FORT MILL SC | 3984 | 36 | M | 30 35-39 | 1:08:15.5 | 13:39/K |
| 336 | ALEX POWELL | CHARLOTTE NC | 4041 | 24 | M | 10 20-24 | 1:17:32.5 | 15:30/K |
| 337 | REBECCA OBRYON | DALLAS NC | 6885 | 41 | F | 12 40-44 | 1:18:34.8 | 15:43/K |
| 338 | LAWRENCE BULLOCK | MCLEAN VA | 4113 | 14 | M | 8 1-14 | 1:37:02.2 | 19:24/K |
| 339 | TEMUJIN BULLOCK | MCLEAN VA | 4199 | 19 | M | 9 15-19 | 1:37:02.9 | 19:24/K |