

Race Date
February 08, 2020

Frigid Trail Race
Age Group Results

5k

Female 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Riley Moore	Chapin SC	13	5082	18	33:32.2	6:42/K	5:56.7
2	Olivia Guffey	Huntersville NC	11	3838	33	37:21.2	7:28/K	9:45.8
3	Ava Kenny	Fort Mill SC	11	3944	36	38:27.2	7:41/K	10:51.7
4	Katie Walker	Cramerton NC	14	5393	44	40:51.0	8:10/K	13:15.6
5	Riley Bartos	MOORESVILLE NC	14	3722	56	42:45.0	8:33/K	15:09.5
6	Sarah Beth Newsom	Charlotte NC	10	5098	61	44:41.4	8:56/K	17:05.9

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Caroline Prendiville	Charlotte NC	17	5302	4	29:06.6	5:49/K	1:31.1
2	Bradey Shirley	Concord NC	17	5334	15	32:18.2	6:28/K	4:42.7
3	Sara Nunn	Lincolnton NC	16	5106	19	33:43.1	6:45/K	6:07.6
4	Chrisophter Nesbit	Charlotte NC	16	5095	34	37:38.8	7:32/K	10:03.3
5	Abby ElHamahmy	Fort Mill SC	15	3792	72	48:22.2	9:40/K	20:46.7
6	Rania Belaid	Fort Mill SC	18	3726	87	51:28.1	10:18/K	23:52.6

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Ceili Brown	Charlotte NC	24	3739	26	35:11.5	7:02/K	7:36.1
2	Abby Hines	Lincolnton NC	23	3872	66	45:49.7	9:10/K	18:14.3
3	Lauren Joseph	Pineville NC	24	3930	69	46:15.7	9:15/K	18:40.3
4	Anna Ganchenko	Concord NC	22	3821	70	47:06.3	9:25/K	19:30.8
5	Alyssa Moore	Charlotte NC	24	5083	80	50:15.5	10:03/K	22:40.1

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Erin Glennie	Charlotte NC	26	3828	2	27:39.4	5:32/K	0:03.9
2	Laura Page	Acworth GA	28	5155	5	29:07.4	5:49/K	1:31.9
3	Abby Badr	Waxhaw NC	26	3717	7	29:41.2	5:56/K	2:05.8
4	Samantha Page	Harrisburg NC	27	5172	17	33:29.8	6:42/K	5:54.3
5	Katherine Eaton	Charlotte NC	25	3789	20	33:56.6	6:47/K	6:21.1
6	Savannah Hawkins	Charlotte NC	28	3849	21	34:16.6	6:51/K	6:41.1
7	Moira Dolan	Charlotte NC	27	3777	23	34:18.2	6:52/K	6:42.7
8	Emilie Duggins	Huntersville NC	25	3786	35	38:19.9	7:40/K	10:44.5
9	Cassie Hannon	Charlotte NC	26	3666	39	38:53.8	7:47/K	11:18.3
10	Meghan McGrath	Mount Holly NC	29	5017	43	40:28.6	8:06/K	12:53.1

*Overall place within gender

Race Date
February 08, 2020

Frigid Trail Race
Age Group Results

5k

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
11	Courtney Anderson	Charlotte NC	28	3711	47	41:41.5	8:20/K	14:06.0
12	Ana Castrellon	Advance NC	25	3752	48	41:49.9	8:22/K	14:14.4
13	Caitlin Miller	Charlotte NC	28	5075	50	42:06.3	8:25/K	14:30.8
14	Taylor Green	Charlotte NC	27	3835	53	42:26.0	8:29/K	14:50.5
15	Emma Saxe	Charlotte NC	25	5325	58	43:37.2	8:43/K	16:01.7
16	Paige Claypool	Charlotte NC	26	3755	62	45:01.5	9:00/K	17:26.0
17	Natalie Ducharme	Huntersville OH	26	3784	67	45:49.9	9:10/K	18:14.4
18	Chelsea Ponzo	Mount Holly NC	28	5300	73	48:34.0	9:43/K	20:58.5
19	Judith Wilber	Asheville NC	27	5404	76	49:02.7	9:49/K	21:27.3
20	Daisy Fuller	Fort Mill SC	27	3817	78	50:13.7	10:03/K	22:38.2
21	Amy Boston	Charlotte NC	25	3736	79	50:14.6	10:03/K	22:39.1
22	Lauren Moore	Charlotte NC	25	5081	81	50:16.7	10:03/K	22:41.2
23	Summer Hamlin	Charlotte NC	28	3845	93	52:33.8	10:31/K	24:58.3
24	Alex Lyon	Matthews NC	28	3984	101	55:46.7	11:09/K	28:11.2
25	Katie Stortz	Huntersville NC	27	5355	107	1:00:44.0	12:09/K	33:08.6

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Evelyn Mendez-Welles	Charlotte NC	32	5071	1	27:35.4	5:31/K	
2	Brittnay Alexander	Charlotte NC	33	3634	6	29:30.3	5:54/K	1:54.8
3	Nicole Badr	Waxhaw NC	31	3716	8	29:41.7	5:56/K	2:06.2
4	Kelly Garrett	Asheville NC	30	3822	9	29:47.6	5:58/K	2:12.1
5	Kerri Vardon	Matthews NC	33	5384	16	32:20.2	6:28/K	4:44.7
6	Amy Dominov	Charlotte NC	31	3778	28	35:24.7	7:05/K	7:49.2
7	Rebecca Welch	Charlotte NC	31	5397	29	35:26.5	7:05/K	7:51.0
8	Jessica Huibers	Mooresville NC	31	3910	38	38:53.6	7:47/K	11:18.2
9	Brittany Mitchell	Winston Salem NC	34	5078	40	39:26.3	7:53/K	11:50.8
10	Cara Trotter	Charlotte NC	30	5375	57	43:37.0	8:43/K	16:01.5
11	Elizabeth Stewart	Charlotte NC	33	5354	63	45:29.5	9:06/K	17:54.0
12	Marissa McCorkle	Catawba NC	30	5004	82	50:21.1	10:04/K	22:45.6
13	Lauren Jefferson	Charlotte NC	31	3658	94	52:34.2	10:31/K	24:58.8
14	Kayla Goff	Denver NC	31	3830	103	56:16.5	11:15/K	28:41.1
15	Maegan Turmenne	Mount Holly NC	34	5378	105	56:33.0	11:19/K	28:57.5
16	Tiffany Wagner	Fort Mill SC	33	5391	108	1:04:27.3	12:53/K	36:51.8

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Allison Sharp	Lenoir NC	38	5330	10	30:20.7	6:04/K	2:45.2

*Overall place within gender

Frigid Trail Race
Age Group Results

5k

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
2	Vicky McDonough	Charlotte NC	39	5006	11	30:45.8	6:09/K	3:10.3
3	Amber Rinker	Mooresville NC	38	5312	12	30:57.4	6:11/K	3:22.0
4	julia mlynarick	Indian Land SC	36	5079	13	31:08.6	6:14/K	3:33.1
5	Kate Bru	Charlotte NC	35	3740	27	35:17.8	7:04/K	7:42.3
6	Genevieve Milter	Mooresville NC	37	3669	42	40:00.0	8:00/K	12:24.5
7	Kerry Lawrence	Charlotte NC	36	3958	46	41:26.4	8:17/K	13:50.9
8	Sarah Tamasovich	CHARLOTTE NC	37	5362	49	41:57.5	8:24/K	14:22.0
9	Meredith Urban	Fort Mill SC	39	5379	52	42:20.7	8:28/K	14:45.3
10	Aimee Swain	Charlotte NC	38	5357	54	42:30.2	8:30/K	14:54.8
11	Justine Libby	Monroe NC	38	3968	55	42:30.3	8:30/K	14:54.9
12	Carey Ann Schuck	CONCORD NC	35	5326	59	43:40.9	8:44/K	16:05.5
13	Megan Blankemeyer	Charlotte NC	36	3733	60	44:22.1	8:52/K	16:46.6
14	Gwen Foellmer	Charlotte NC	37	3811	83	50:30.1	10:06/K	22:54.7
15	Kate Murphy	Charlotte NC	36	5089	89	51:56.5	10:23/K	24:21.1
16	Romina Phipps	Mooresville NC	35	5261	92	52:14.5	10:27/K	24:39.0
17	Shannon Mullis	Charlotte NC	39	5088	98	54:31.1	10:54/K	26:55.6
18	Crystal McAlister	Charlotte NC	36	3998	99	54:37.3	10:55/K	27:01.8
19	Sara Talley	Charlotte NC	39	5360	102	56:13.9	11:15/K	28:38.5
20	Amanda Barnes	Shelby NC	39	3720	104	56:16.8	11:15/K	28:41.3
21	Gifton Gammon	Charlotte NC	36	3820	106	56:33.3	11:19/K	28:57.8
22	Angela Taylor	Charlotte NC	36	5364	109	1:10:05.6	14:01/K	42:30.1

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	melisa palmer	charotte NC	42	5176	32	36:35.4	7:19/K	8:59.9
2	Lisa Rhyne	Lincolnton NC	44	5311	41	39:26.9	7:53/K	11:51.4
3	Amy Frost	Charlotte NC	43	3815	51	42:20.2	8:28/K	14:44.7
4	Kristin Daley	Charlotte NC	44	3764	74	48:38.8	9:44/K	21:03.3
5	Pamela Waldenmayer	Indian Land SC	41	5392	90	52:11.8	10:26/K	24:36.3
6	Jennifer Daugherty	Fort Mill SC	44	3766	91	52:12.9	10:27/K	24:37.4
7	Erin Wolfe	Charlotte NC	42	5409	96	52:54.5	10:35/K	25:19.1

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Joanna Eubanks	Fort Mill SC	45	3799	3	28:40.0	5:44/K	1:04.6
2	Daniela Schuster	Charlotte NC	48	5327	14	31:31.4	6:18/K	3:55.9
3	Paula Doe	Mooresville NC	49	3775	22	34:17.8	6:52/K	6:42.3
4	Jill Van Horne	Lenoir NC	45	5383	45	40:53.3	8:11/K	13:17.8

*Overall place within gender

Frigid Trail Race
Age Group Results

5k

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
5	Molly Tucker	Charlotte NC	48	5377	65	45:32.2	9:06/K	17:56.7
6	Kate ElHamahmy	Fort Mill SC	48	3791	77	49:53.4	9:59/K	22:17.9
7	Jennifer Fagan	Charlotte NC	46	3803	84	50:42.1	10:08/K	23:06.7
8	Erin Morris	Fort Mill SC	48	5085	85	50:56.6	10:11/K	23:21.2
9	Nancy Bledsoe	Hickory NC	48	3734	86	51:13.6	10:15/K	23:38.1
10	Martha Levick	Charlotte NC	45	3966	88	51:56.4	10:23/K	24:20.9
11	Beth Young	Indian Land SC	48	5411	95	52:40.0	10:32/K	25:04.5
12	Jodi Williams	Charlotte NC	45	5406	97	54:26.2	10:53/K	26:50.7
13	Susan Pittinaro	Matthews NC	49	5267	100	54:47.5	10:58/K	27:12.0

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Laurie Royson	Columbia SC	52	5316	24	34:51.6	6:58/K	7:16.1
2	Shillina Reaser	Rock Hill SC	53	5308	25	35:10.4	7:02/K	7:35.0
3	Tina Cancian	Charlotte NC	51	3748	64	45:31.7	9:06/K	17:56.2
4	Kelley Smith	Hickory NC	52	5342	71	48:15.4	9:39/K	20:40.0
5	Kimberly tenold	Clover SC	51	5368	75	48:49.4	9:46/K	21:13.9
6	Amy McEver	Marietta GA	50	5010	110	1:11:28.8	14:18/K	43:53.3
7	Christine Liga	Cary NC	52	3970	111	1:11:29.4	14:18/K	43:53.9
8	Kristina Smith	Charlotte NC	54	5344	112	1:20:54.7	16:11/K	53:19.2

Female 55 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Lynn Ramsey	McAdenville NC	59	5307	30	36:04.7	7:13/K	8:29.2
2	susan gustafson	huntersville NC	58	3839	31	36:13.8	7:15/K	8:38.3
3	Martha Bryant	Winston Salem NC	61	3742	37	38:40.0	7:44/K	11:04.5
4	Kari Herndon	Charlotte NC	56	3854	68	45:56.1	9:11/K	18:20.6

*Overall place within gender

Frigid Trail Race
Age Group Results

5k

Male 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Grant Conghlin	Charlotte NC	14	3647	13	27:09.3	5:26/K	2:36.1
2	Evan Price	Charlotte NC	14	5303	19	27:39.0	5:32/K	3:05.8
3	Robert Hyde	Charlotte NC	14	3918	34	29:18.9	5:52/K	4:45.7
4	Jackson Morton	Charlotte NC	14	5086	45	30:14.1	6:03/K	5:40.9
5	Theo Ramos	Mint Hill NC	9	5306	46	30:18.9	6:04/K	5:45.8
6	george baughan	charlotte NC	14	3723	147	40:40.5	8:08/K	16:07.3
7	Jack Tenold	Clover SC	14	5367	149	40:50.3	8:10/K	16:17.1
8	Ryan Tenold	Clover SC	11	5366	150	40:50.8	8:10/K	16:17.6
9	Austin Frost	Charlotte NC	10	3816	156	42:20.2	8:28/K	17:47.0
10	Gray Sisco	Charlotte NC	14	5341	164	45:06.0	9:01/K	20:32.9
11	Kenner West	Charlotte NC	11	5402	165	45:10.1	9:02/K	20:36.9

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Bernie Ricardos	Charlotte NC	17	3679	1	24:33.1	4:55/K	
2	Jacob DeVita	Charlotte NC	16	3773	5	25:40.2	5:08/K	1:07.0
3	Gannon Peters	Charlotte NC	16	5251	6	26:12.9	5:15/K	1:39.8
4	Cooper Davis	Charlotte NC	15	3768	7	26:16.2	5:15/K	1:43.0
5	charlie Lynch	Charlotte NC	18	3982	12	26:54.8	5:23/K	2:21.6
6	Statton Taylor	Charlotte NC	17	5363	15	27:25.7	5:29/K	2:52.5
7	John Ford	Charlotte NC	17	3652	18	27:31.0	5:30/K	2:57.8
8	Jake Balzer	Charlotte NC	16	3718	20	27:54.3	5:35/K	3:21.1
9	Wyatt Meier	Charlotte NC	17	5070	21	28:02.6	5:37/K	3:29.4
10	Collin Balzer	Charlotte NC	16	3719	23	28:20.2	5:40/K	3:47.1
11	Carter Milkey	Charlotte NC	17	5072	31	28:57.4	5:47/K	4:24.2
12	Nicholas Ristaino	Charlotte NC	18	5313	32	29:07.0	5:49/K	4:33.8
13	Turner Curtis	Charlotte NC	15	3762	53	30:52.9	6:11/K	6:19.7
14	Jack Douglas	Charlotte NC	15	3782	54	30:54.6	6:11/K	6:21.5
15	Mac Konitzer	Charlotte NC	16	3952	55	30:55.7	6:11/K	6:22.5
16	Jim Hansberger	Charlotte NC	15	3846	56	30:55.9	6:11/K	6:22.7
17	Gincarlo Voltolina	Charlotte NC	16	5389	58	30:59.3	6:12/K	6:26.1
18	William Reynolods	Charlotte NC	16	3651	59	31:00.3	6:12/K	6:27.1
19	Drew Tenzer	Charlotte NC	15	5369	62	31:01.6	6:12/K	6:28.4
20	Damien Greene	Charlotte NC	15	3836	63	31:12.6	6:15/K	6:39.4
21	Patrick Joyner	Charlotte NC	18	3938	64	31:12.8	6:15/K	6:39.6
22	Parker Mendenhall	Charlotte NC	18	3637	69	31:46.4	6:21/K	7:13.2
23	Matthew Lapizini	Charlotte NC	19	3513	70	31:54.1	6:23/K	7:20.9
24	Trevor Kelly	Charlotte NC	17	3636	72	31:57.9	6:24/K	7:24.7
25	Jack Irvin	Charlotte NC	18	3488	73	31:59.3	6:24/K	7:26.2
26	Hugh Coffin	Charlotte NC	17	3756	74	31:59.5	6:24/K	7:26.3

*Overall place within gender

Race Date
February 08, 2020

Frigid Trail Race

Age Group Results

5k

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
27	Evan Van Horne	Lenoir NC	16	5382	75	32:05.3	6:25/K	7:32.1
28	Cotes Royson	Columbia SC	16	5317	81	32:33.7	6:31/K	8:00.6
29	John Morgan	Charlotte NC	18	5084	85	33:05.0	6:37/K	8:31.8
30	ANDREW LUFF	CHARLOTTE NC	15	3976	87	33:07.8	6:38/K	8:34.7
31	Michael Micolucci	Concord NC	16	3674	89	33:21.0	6:40/K	8:47.8
32	Jake Hayworth	Concord NC	16	3851	90	33:22.5	6:41/K	8:49.3
33	Adams Nevs	Charlotte NC	18	3527	92	33:34.7	6:43/K	9:01.5
34	Michael Blackwood	CHARLOTTE NC	15	3731	108	36:19.9	7:16/K	11:46.7
35	Bill Ellis	Charlotte NC	17	3796	110	36:39.2	7:20/K	12:06.0
36	George Macon	Charlotte NC	17	3986	112	36:50.4	7:22/K	12:17.2
37	Carter Andreozzi	Charlotte NC	17	3713	116	37:07.6	7:26/K	12:34.4
38	Colton Curtis	Charlotte NC	17	3763	117	37:08.3	7:26/K	12:35.1
39	William Christianson	Charlotte NC	15	3754	118	37:10.0	7:26/K	12:36.8
40	Walker Gray	charlotte NC	15	3834	121	37:12.3	7:26/K	12:39.2
41	Jack Muckenfuss	Charlotte NC	15	5087	125	37:24.4	7:29/K	12:51.2
42	Lawson Swisher	Charlotte NC	17	5358	127	37:37.8	7:32/K	13:04.6
43	Mason Shelley	Charlotte NC	17	5332	130	37:46.1	7:33/K	13:13.0
44	Cameron Wilcox	Charlotte NC	16	5405	133	37:52.2	7:34/K	13:19.1
45	Liam Dolan	Charlotte NC	17	3776	134	37:53.1	7:35/K	13:19.9
46	Wells Hollidge	Charlotte NC	16	3881	135	38:04.6	7:37/K	13:31.4
47	Tim Pollard	Mount Holly NC	15	5298	140	39:10.0	7:50/K	14:36.8
48	Sean Gallagher	Charlotte NC	15	3819	146	40:10.3	8:02/K	15:37.1
49	Thomas Daley	Charlotte NC	15	3765	148	40:42.0	8:08/K	16:08.8
50	Wilson O'Connor	Charlotte NC	18	3537	174	47:45.2	9:33/K	23:12.0
51	Jeremy Burgess	Charlotte NC	17	3744	182	59:59.4	12:00/K	35:26.2

Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Ryan Miller	Mooresville NC	23	5076	27	28:27.7	5:42/K	3:54.5
2	Andrew Reaser	Charlotte NC	24	5309	65	31:35.8	6:19/K	7:02.6
3	Calvin Simmons	charlotte NC	23	5336	77	32:19.3	6:28/K	7:46.1
4	Collin Donaghy	Blacksburg VA	21	3780	120	37:11.1	7:26/K	12:37.9
5	Robert Maxfield	Charlotte NC	23	2973	184	1:02:30.2	12:30/K	37:57.0

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Chris Roberts	Charlotte NC	25	3686	3	25:05.6	5:01/K	0:32.4
2	Clemson Player	Charlotte NC	25	5280	4	25:28.6	5:06/K	0:55.4

*Overall place within gender

Frigid Trail Race
Age Group Results

5k

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
3	Nathan Vicknair	Baton Rouge LA	27	5388	10	26:47.8	5:22/K	2:14.7
4	Miguel Torres	Mount Olive NC	28	5374	26	28:26.2	5:41/K	3:53.0
5	Dante Ortiz	Goldsboro NC	26	5111	30	28:55.4	5:47/K	4:22.2
6	Shawn Welch	Charlotte NC	29	5398	33	29:07.2	5:49/K	4:34.0
7	Branden Bechtel	Gastonia NC	29	3725	36	29:26.3	5:53/K	4:53.1
8	Lee McAvoy	Charlotte NC	26	4000	37	29:27.4	5:53/K	4:54.3
9	Adam Shoulars	Charlotte NC	25	5335	88	33:10.7	6:38/K	8:37.5
10	Nicholas Billiris	Charlotte NC	29	3728	94	34:06.7	6:49/K	9:33.5
11	Jesus Rodriguez	Charlotte NC	27	5314	101	35:01.4	7:00/K	10:28.2
12	Alan Nunez	Mount Olive NC	26	5100	114	37:02.1	7:24/K	12:28.9
13	Taylor Hager	Harrisburg NC	28	3841	122	37:20.3	7:28/K	12:47.2
14	Samuel Johnson	Charlotte NC	28	3920	129	37:42.0	7:32/K	13:08.8
15	Michael Reaser	Rock Hill SC	26	5310	136	38:28.5	7:42/K	13:55.4
16	Garrett Talmadge	Charlotte NC	27	5361	141	39:16.0	7:51/K	14:42.8
17	Kailey Zahurones	Charlotte NC	27	5412	154	42:06.5	8:25/K	17:33.3
18	Logan Hrischuk	Charlotte NC	25	3898	158	42:25.8	8:29/K	17:52.6
19	Michael Ponzio	Mount Holly NC	29	5299	159	42:41.0	8:32/K	18:07.8
20	Ben Howard	Concord NC	29	3897	161	44:26.1	8:53/K	19:52.9
21	Zakary Butts	Asheville NC	28	3746	180	53:35.3	10:43/K	29:02.1
22	Alec Smith	Huntersville NC	25	5345	183	1:00:43.4	12:09/K	36:10.2

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	David Page	Harrisburg NC	30	5166	14	27:18.9	5:28/K	2:45.7
2	Bryan McGrath	Mount Holly NC	32	5026	16	27:27.5	5:30/K	2:54.3
3	Verun Tahiliani	Cornelius NC	34	5359	22	28:05.0	5:37/K	3:31.8
4	Jordan Huibers	Mooresville NC	32	3912	28	28:48.9	5:46/K	4:15.7
5	Brad Proctor	Indian Trail NC	31	5304	42	29:58.7	6:00/K	5:25.5
6	Corey League	Charlotte NC	30	3960	47	30:25.7	6:05/K	5:52.5
7	Stephen Garrett	Asheville NC	32	3823	49	30:38.9	6:08/K	6:05.7
8	Michael Pfeiffer	Charlotte NC	31	5256	50	30:45.3	6:09/K	6:12.2
9	Alex Hoose	Charlotte NC	30	3893	82	32:39.8	6:32/K	8:06.6
10	Nathan Mirke	Greenville SC	32	5077	93	33:43.6	6:45/K	9:10.5
11	Chris Petersen	Huntersville NC	34	5252	99	34:45.7	6:57/K	10:12.5
12	Beau Fink	Charlotte NC	32	3808	111	36:42.3	7:20/K	12:09.1
13	Kelly Walls	Charlotte NC	31	5394	126	37:33.7	7:31/K	13:00.5
14	Scott Exon	Greensboro NC	31	3801	132	37:50.6	7:34/K	13:17.4
15	Matt Horn	Winston-Salem NC	30	3894	139	39:06.1	7:49/K	14:32.9
16	Patrick Dominov	Charlotte NC	32	3779	142	39:33.6	7:55/K	15:00.4
17	LeQuan McCorkle	Catawba NC	30	5002	152	41:41.0	8:20/K	17:07.9

*Overall place within gender

Race Date
February 08, 2020

Frigid Trail Race
Age Group Results

5k

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
18	David Stewart	Charlotte NC	34	5352	168	45:30.1	9:06/K	20:56.9
19	Bobby Watts	Charlotte NC	31	5396	169	45:34.7	9:07/K	21:01.5
20	Sam Boardman	Charlotte NC	33	3735	173	47:27.7	9:30/K	22:54.5
21	Ian Burkett	Charlotte NC	33	3745	176	49:59.9	10:00/K	25:26.8

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Jordan Vardon	Matthews NC	36	5385	2	25:00.1	5:00/K	0:26.9
2	Michael Ferreira	Lancaster SC	39	3807	8	26:18.6	5:16/K	1:45.5
3	Nick DeLangie	Indian Trail NC	35	3771	40	29:47.1	5:57/K	5:14.0
4	Matt Miles	York SC	38	3664	43	30:00.2 *	6:00/K	5:27.1
5	Blake Meehan	Charlotte NC	35	5069	61	31:00.9	6:12/K	6:27.7
6	Francisco salgado	Dallas NC	35	5322	66	31:39.0	6:20/K	7:05.9
7	Garrett Hainline	Concord NC	37	3842	78	32:24.1	6:29/K	7:50.9
8	Chris Pasour	Dallas NC	39	5182	79	32:25.3	6:29/K	7:52.1
9	Bryce Yeargan	Winston Salem NC	39	5410	80	32:26.9	6:29/K	7:53.7
10	Michael Humlan	Davidson NC	38	3914	86	33:06.1	6:37/K	8:32.9
11	Brandon Duffey	Mount Holly NC	36	3785	97	34:41.6	6:56/K	10:08.4
12	Brett Hainline	Charlotte NC	37	3843	98	34:41.6	6:56/K	10:08.4
13	Brandon Kenny	Fort Mill SC	35	3942	100	34:59.7	7:00/K	10:26.5
14	Josh Duggins	Huntersville NC	36	3787	103	35:11.7	7:02/K	10:38.5
15	Lloyd Cone	Charlotte NC	35	3757	123	37:20.8	7:28/K	12:47.6
16	Ben Guffey	Huntersville NC	38	3837	124	37:22.3	7:28/K	12:49.1
17	Robert Joseph	Charlotte NC	39	3934	137	38:32.1	7:42/K	13:58.9
18	Nolan Perkins	Mooresville NC	39	5204	138	39:05.8	7:49/K	14:32.6
19	Zach Harrod	CHARLOTTE NC	36	3848	153	41:58.0	8:24/K	17:24.9
20	Joe Bru	Charlotte NC	37	3741	155	42:09.6	8:26/K	17:36.4
21	Balasigamani Selvaraj	Charlotte NC	35	5329	157	42:22.6	8:29/K	17:49.4
22	Raghunatha Nandikanti	Harrisburg NC	35	5091	177	52:41.0	10:32/K	28:07.9
23	Vijish Varghese	Charlotte NC	38	5386	179	53:33.2	10:43/K	29:00.1

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	David Welles	Charlotte NC	42	5399	17	27:28.2	5:30/K	2:55.0
2	Bock Calaseiz	Mooresville NC	40	3668	25	28:24.6	5:41/K	3:51.5
3	Darren Dinubilo	Chandler AZ	40	3774	38	29:34.4	5:55/K	5:01.2
4	Brett Lindsay	MOORESVILLE NC	44	3972	39	29:38.1	5:56/K	5:04.9
5	Chad Drake	Kannapolis NC	44	3783	41	29:53.6	5:59/K	5:20.4

*Overall place within gender

Race Date
February 08, 2020

Frigid Trail Race
Age Group Results

5k

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
6	Kurt Lupton	Gastonia NC	44	3978	44	30:04.2	6:01/K	5:31.0
7	Pierre Ortiz	Cornelius NC	40	5123	48	30:26.1	6:05/K	5:52.9
8	Toby Hensley	Lincolnton NC	40	3852	60	31:00.5	6:12/K	6:27.4
9	JEFF MANGLE	Huntersville NC	44	3988	83	32:50.0	6:34/K	8:16.8
10	Ryan Golden	Charlotte NC	43	3831	104	35:26.3	7:05/K	10:53.1
11	Wesley Doty	Charleston SC	40	3781	105	35:53.9	7:11/K	11:20.8
12	Michael Tucker	DAvidson NC	42	5376	106	36:03.3	7:13/K	11:30.1
13	Jeremy Stewart	Charlotte NC	40	5353	109	36:32.5	7:19/K	11:59.4
14	Tim Pollard	Mount Holly NC	43	5297	113	36:51.0	7:22/K	12:17.8
15	Garrett McKinney	Charlotte NC	42	5036	115	37:04.7	7:25/K	12:31.6
16	Caleb Holloway	Charlotte NC	41	3891	119	37:10.5	7:26/K	12:37.3
17	Charles Crowley	Huntersville NC	41	3758	131	37:46.8	7:33/K	13:13.6
18	Matt Hudson	Indian Land SC	40	3908	167	45:21.4	9:04/K	20:48.3

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Chris Welles	Charlotte NC	45	5400	9	26:23.0	5:17/K	1:49.9
2	Jason Carey	Charlotte NC	48	3749	11	26:53.4	5:23/K	2:20.2
3	Scott Lemos	Charlotte NC	48	3962	24	28:23.0	5:41/K	3:49.9
4	Chris Beaver	Charlotte NC	45	3724	35	29:21.5	5:52/K	4:48.3
5	Simon Prendiville	Charlotte NC	49	5301	67	31:42.6	6:21/K	7:09.5
6	Charles Rogers	Mooreville NC	48	5315	68	31:43.5	6:21/K	7:10.3
7	Joseph Attanasio	Charlotte NC	48	3715	71	31:55.1	6:23/K	7:21.9
8	scott hayworth	Concord NC	48	3850	91	33:23.5	6:41/K	8:50.3
9	Scott Black	Charlotte NC	48	3730	102	35:01.9	7:00/K	10:28.7
10	Jim Thompson	Charlotte NC	48	5372	107	36:19.5	7:16/K	11:46.4
11	Arvind Vedantham	Charlotte NC	45	5387	144	39:49.2	7:58/K	15:16.0
12	Albert Stankan	Charlotte NC	49	5349	145	39:49.4	7:58/K	15:16.2
13	Bryce Wolfe	MOOREVILLE NC	45	5408	160	42:49.6	8:34/K	18:16.5
14	Chad Sisco	Charlotte NC	45	5339	163	45:06.0	9:01/K	20:32.8
15	Troy Wojcik	Raleigh NC	49	5407	171	45:41.9	9:08/K	21:08.7
16	Jesse Harris	Knightdale NC	47	3847	178	52:58.4	10:36/K	28:25.3
17	Jim Elliott	Charlotte NC	47	3795	181	54:47.6	10:58/K	30:14.4

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Harry Schuster	Charlotte NC	50	5328	51	30:47.0	6:09/K	6:13.8
2	Darin Bird	Denver NC	51	3729	52	30:52.2	6:10/K	6:19.0

*Overall place within gender

Race Date
February 08, 2020

Frigid Trail Race
Age Group Results

5k

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
3	Philip George	Gastonia NC	53	3827	76	32:09.3	6:26/K	7:36.1
4	Randy Miller	Mooreville NC	52	5073	95	34:24.1	6:53/K	9:50.9
5	Eddie Hernandez	Matthews NC	51	3853	162	44:53.7	8:59/K	20:20.5
6	Sridhar Vadlapudi	Huntersville NC	51	5380	170	45:39.5	9:08/K	21:06.4
7	chuck tenold	Clover SC	50	5365	175	48:50.8	9:46/K	24:17.6

Male 55 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Brenneman Thompson	Charlotte NC	61	5371	29	28:53.4	5:47/K	4:20.2
2	chris blanchet	Fort Mill SC	55	3732	57	30:57.9	6:12/K	6:24.8
3	Paul Herndon	CHARLOTTE NC	56	3859	84	32:56.3	6:35/K	8:23.1
4	Tim Page	Acworth GA	60	5168	96	34:32.5	6:55/K	9:59.3
5	Peter Caldini	Charlotte NC	55	3747	128	37:39.6	7:32/K	13:06.4
6	Andrew Sincock	Huntersville NC	55	5338	143	39:35.6	7:55/K	15:02.4
7	glennn gustafson	huntersville NC	56	3840	151	40:55.7	8:11/K	16:22.5
8	Allen West	Charlotte NC	57	5401	166	45:10.5	9:02/K	20:37.4
9	John Nolan	charlotte NC	57	5099	172	46:10.9	9:14/K	21:37.7
10	Tom Kitrick	Concord NC	63	3643	185	1:03:24.3	12:41/K	38:51.2

*Overall place within gender